

Good News

Macedonia Baptist Church

14221 Southfield Road
Detroit, Michigan 48223
313-837-5040
www.macedonia-bc.com
www.mbcdet.com

A monthly publication for Members of Macedonia Baptist Church

Rev. Charles D. Twymon, Pastor

Volume 15 Issue 11

November 2017

*Thanksgiving Day
Thursday, November 23, 2017*

Thanks
be to God
for his
indescribable
gift!
2 Corinthians
9:15

Inside This Issue...

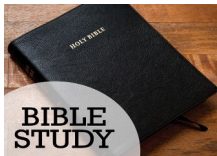
Announcements/Prematurity Awareness Month	2
Sermons/New Members Class.....	3
Why Inflammation-Fighting Foods Are Filling Up Your Grocery Cart/Michigan Baptist Laymen Fellowship ...	4
Thanksgiving/MBC Bible & Book Corner	5
Invitation to Sunday School.....	6
Metropolitan District Laymen Hurricane Harvey Disaster Relief Trip Flyer.....	7

A N N O U N C E M E N T S

BIBLE STUDY OPTIONS



Pastor's afternoon Bible Study class has resumed. The class meets at 1:00 p.m. every Wednesday in Fellowship Hall.



Bible Study, led by Rev. Willis, meets at 7:00 p.m. every Wednesday in Fellowship Hall. All members and guests are encouraged to attend.

Friday, November 10, 2017
VETERANS DAY



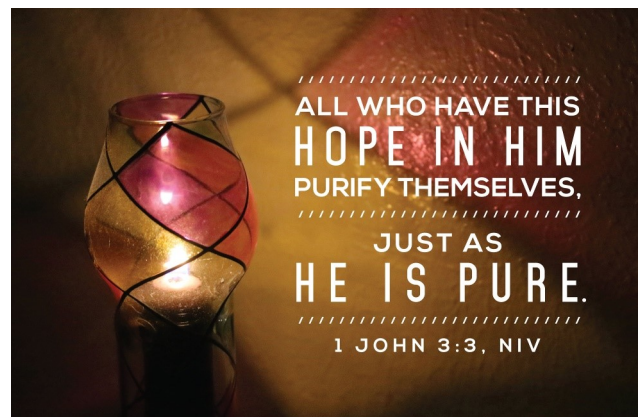
PREMATURITY AWARENESS MONTH

Submitted by Thelma Brown

November is Prematurity Awareness Month and November 17 is World Prematurity Day.

Every parent wants a healthy baby, but it doesn't always happen that way. Every year, more than 15 million babies are born premature worldwide. Premature birth is the leading cause of death for newborns in the US and is the leading cause of death for children under 5 worldwide. African American women are among the most affected by premature births.

The joy of being a parent can quickly turn into a fight for survival that impacts millions of families every day. Having lost a grandchild to premature birth, I know first hand the impact it has on families. Please help me raise awareness about premature birth at [Facebook.com/worldprematurityday](https://www.facebook.com/worldprematurityday). You can also visit MarchofDimes.org to learn about premature birth, the signs of preterm labor and ways it may be prevented. Tell someone you love.









SERMONS

CDs and DVDs are available through the Audio Ministry. Visit www.mbcdet.com/media to listen to archived sermons.





Pastor Charles D. Twymon

-  October 1, 2017, 8:00 & 11:00 a.m.
"Kill It All," 1 Samuel 15:13, 9
Pastor Charles Twymon
-  October 8, 2017, 8:00 a.m.
"God Has Not Forgotten You"
Isaiah 49:13-17
Rev. James O-Rear
-  October 8, 2017, 11:00 a.m.
"The Beauty In Brokenness"
Psalms 51:109, 16 & 17
Rev. Terry Minor
-  October 15, 2017, 8:00 & 11:00 a.m.
"When You've Gone Too Far"
Numbers 14: 20-23
Pastor Charles Twymon
-  October 22, 2017, 8:00 a.m.
"Who Has Bewitched You?"
Galatians 2:20; 3:3
Pastor Charles Twymon
-  October 22, 2017, 11:00 a.m.
"Who Has Bewitched You?"
Galatians 2:20; 3:1-3
Pastor Charles Twymon

NEW MEMBERS CLASS

The New Members Orientation Class meets on the 2nd, 3rd and 4th Sundays at 9:30 a.m. on the second floor in the Upper Room.

Sermons...continued

-  October 29, 2017, 8:00 a.m.
"You Can Drop your Heavy Load Off Here," Matthew 11:28-30
Rev. Ronald Davis
-  October 29, 2017, 11:00 a.m.
"The Saviour Who Chose To Be Silent"
Isaiah 53:7-8, Matthew 26:62-63; 66-68
Rev. Ernest Houser

Happy Thanksgiving!



WHY INFLAMMATION-FIGHTING FOODS ARE FILLING UP YOUR GROCERY CART

Submitted by Gloria Crawford

Fighting inflammation with food is quickly becoming a major health priority—and for good reason, considering inflammation is linked to everything from bloating and acne to life threatening illnesses, say physicians and researchers.

“We expect to see the market for inflammation-fighting foods to grow 7 percent by 2020 and expect 2017 to be a big year in terms of new product announcements and continued research and development,” says Deborah Barrington, a senior editor at *Industry Dive*.

Inflammation-fighting ingredients are already trending on Pinterest. “Turmeric was one of our trending flavors in our recent *Pin-sights Flavor Report* and specifically turmeric lattes. Ginger tea is also a trending search, up 20 percent,” confirms Stephanie Kumar, partner insights lead at Pinterest.

It’s no coincidence that many healthy food trends—from the zoodle (zucchini noodle) and cauliflower rice to nut milks and vegan cheese—are substitutes for inflammatory ingredients like gluten, grains, and dairy.

Expect to see food brands to continue capitalizing on the buzz in 2017: Starbucks just planted its flag with a new anti-inflammatory drink made with cayenne called the Chile Mocha.

Source:
<https://www.wellandgood.com/fitness-wellness-trends/>



MICHIGAN BAPTIST LAYMEN FELLOWSHIP

By Timothy Peoples, Jr.

On Friday, October 13, 2017, the Michigan Baptist Laymen Fellowship (M.B.L.F.) hosted a kick off benefit dinner at Oakland Avenue Baptist Church, Rev. Dr. Larry Walker, Pastor. The objective is to raise money to host the Walter Cade Nine States Midwest Region Laymen’s Workshop in October 2018. The region states consist of Illinois, Indiana, Iowa, Michigan, Minnesota, Missouri, Ohio, West Virginia, and Wisconsin. Each year the 3rd weekend of October, 700 to 900 Laymen and Laywomen and Jr. Laymen, travel to the host state to worship, evangelize, baptize, study and fellowship all with the goal to save souls.

The weekend typically kicks off with an evening of talent displayed by youth. The next morning attendees study in a variety of breakout sessions that varies from classes on Effective Deacons, Married and Single Christians, Evangelism to Metered Hymns. In the afternoon teams evangelize in the neighborhoods with a rallying spot where souls are fed the Word and food, and the opportunity to be baptized. The evening culminates with a banquet. Sunday morning ends the fellowship with worship service.

Each host state is required to feed the delegates and assist with hotel accommodations; therefore, fundraising efforts are established to help offset the cost.

The M.B.L.F. would like to express our sincere thank you to Pastor Twymon and the entire Macedonia family for your support towards this Ministry; often people ask what the Laymen do!

FYI, for you golfers the M.B.L.F. will sponsor a golf outing in the summer of 2018—details to be announced.



THANKSGIVING

By Wendell Smitherman

Whether it's Thanksgiving Day or not, we should focus on one powerful phrase: "I thank you." It should always be on the tip of our tongue if we are truly grateful to others who help us each day, and to God who has richly blessed us with more abundance and freedom than any other country in history.

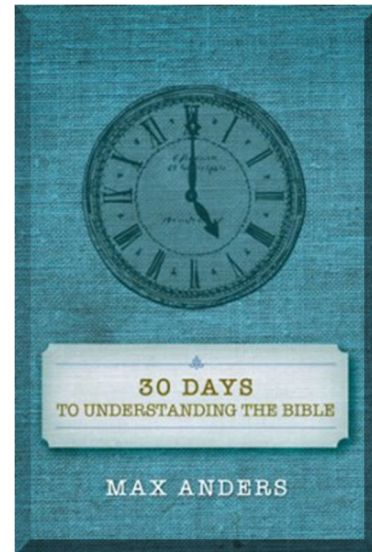
Despite God's abundant blessings, we're often too slow to give thanks and too quick to complain. Maybe we're so focused on ourselves and busy with our lives that we forget to give thanks. Or maybe we in America have become complacent with a level of luxury and leisure beyond the imagination of much of the world's population.

We tend to take our blessings for granted.

TRUST
in the
LORD

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



If you have a desire to read the Bible but are afraid you will not, or you do not understand it, you should get this book. You will not be sorry. **30 Days To Understanding The Bible** by Max Anders explains how the bible was written by sections, timelines, locations, and much, much, more. I recommend it for the person who has never read the Bible, in addition to the person who has been reading it for years. You will learn so much about the Bible from this book, that you will want to pick up your Bible more often and you will understand what you are reading. A 30-day study on what every Christian needs to know about the Bible! It also includes memory-enhancing exercises.

This paperback is available in the MBC Bible & Book Corner.

NOVEMBER



Invitation to: *Macedonia Baptist Church Sunday School*

Superintendent of Sunday School: *Rev. Ronald Davis*

Pastor: *Reverend Charles D. Twymon*

The Sunday School Ministry invites you, your family and friends to attend Sunday School classes. The classes begin at 9:30 a.m. We know you will enjoy the wonderful lessons that will be reviewed, and can apply these teachings to your everyday life. The list of lessons for November 2017 includes the following:

UNIT III: An Everlasting Covenant

Date	Lesson	Scripture
November 5	Faithful God, Unfaithful People	Numbers 25:10-13; I Samuel 2:30-36
November 12	Promise of a New Covenant	Jeremiah 31:27-34
November 19	Mediator of the New Covenant	Hebrews 12:14-15, 18-29
November 26	Remembering the Covenant	I Corinthians 11:23-34





Michigan Laymen & National Laymen's Movement **DISASTER RELIEF TRIP** November 5 - 11, 2017



The Men of the Metropolitan District are invited to join the Michigan Laymen delegation that will travel to Texas on the National Baptist Laymen's Movement Disaster Relief Trip. Men from all over the nation will gather to provide restoration, relief, and repair in strategic areas in Texas. Men are needed for general labor, and specialized skilled labor (dry wall, handyman specialties, etc.). Metropolitan District men are encouraged to participate.



Travel to Port Arthur Texas or Beaumont, Texas (no charge to volunteers)

Depart from Detroit, MI Sunday, November 5, 2017

Arrive in Texas on Monday evening for project review and rest

Tuesday thru Friday work period

Depart Texas on Friday, November 10, 2017 to return to Michigan

URGENT REPLY REQUESTED

For more information or to volunteer contact:

Mike Washington, 1st Vice President, National Baptist Laymen - 248.670.6212
Evans Holman, President, Metropolitan District Laymen Movement -313.319.0040

In collaboration with the Disaster Relief efforts of the National Baptist Convention, USA, Inc.



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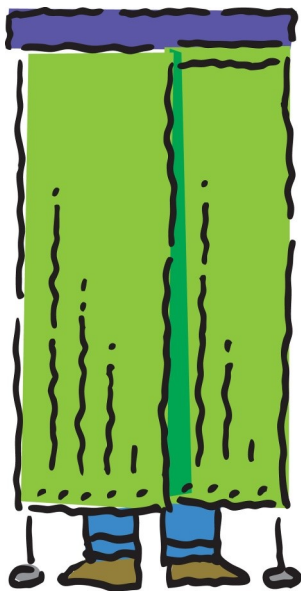
"Come over into Macedonia and help us." ACTS 16:9



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Tuesday, November 7, 2017

7:00 a.m.- 8:00 p.m.



Election Day

Sunday, November 5, 2017

Turn Your Clocks Back 1 Hour

