



# Good News

Macedonia Baptist Church

14221 Southfield Road  
Detroit, Michigan 48223  
313-837-5040  
www.macedonia-bc.com  
www.mbcdet.com

A monthly publication for Members of Macedonia Baptist Church

Rev. Charles D. Twyman, Pastor

Volume 16 Issue 7

July 2018

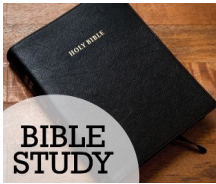
## Celebrate the Fourth Wednesday, July 4, 2018



<i>Inside This Issue...</i>	
JULY 2018	
Announcements/Summer Health Tips .....	2
Sermons/New Members .....	3
Honoring Our Graduates .....	4-5
Inspiring Graduation Quotes .....	5
Just A Little Exercise Improves Lifespan/MBC Bible & Book Corner .....	6
Invitation to Sunday School/Men's Advance/Celebrating 100 Years .....	7

# A N N O U N C E M E N T S

## BIBLE STUDY



Bible Study, led by Rev. Minor, meets at 7:00 p.m. every Wednesday in Fellowship Hall. All members and guests are encouraged to attend.

## SUMMER HEALTH TIPS

Submitted by Gloria Crawford

School is out, and we just had the longest day of the year. The days are starting to get shorter, and everyone is anxious to pack in fun, recreation and relaxation.

Summer fun may involve many activities and components: sunshine, heat, water, long days, picnics, family get togethers, travel, gardening, new experiences and carefree recreation. So as you begin your summer, be sure to stay healthy. Below are some tips for keeping yourself and your family healthy this summer.

1. Hydrate and hydrate
2. Avoid alcohol, caffeine, and sugary drinks such as soda pop
3. Eat regularly, But eat light
4. Cold water showers
5. Switch off those lights
6. Lather on broad spectrum (UVA/UVB) sunscreen, daily, liberally, and re-apply
7. Always observe water safety rules
8. Wear loose clothes
9. Watch for mosquitoes - especially at dusk and dawn
10. Don't exert yourself

Source: [https://www.michigan.gov/documents/mdch/Heat\\_Flyer\\_4-2011\\_351340\\_7.pdf](https://www.michigan.gov/documents/mdch/Heat_Flyer_4-2011_351340_7.pdf)



July 16-20, 2018, at 6:00 p.m. each evening here at Macedonia. This year's theme is *"Jesus the Kingdom Builder: Strong Families, Churches & Communities."* (Hebrews 11:10)

We are planning classes for three year-olds through adults. On Friday we will have the closing program with a presentation from each class reflecting what they have learned from the week.

## UPCOMING EVENTS

**DETROIT HYDROFEST 2018**  
**BOAT RACING ON THE DETROIT RIVER**  
**AUGUST 24-26, 2018**



Each summer Unlimited Hydroplanes race at speeds touching 200 mph on the Detroit River.

Free Friday! Admission to the Grandstand area and General Admission parks is free. Testing and qualifying from 1 to 7 p.m.

APBA Gold Cup will have 4 rounds of qualification heats and a winner take all final.

## SERMONS

CDs and DVDs are available through the Audio Ministry. Visit [www.mbcdet.com/media](http://www.mbcdet.com/media) or via the **MBCDET app** to listen to archived sermons.



Pastor Charles D. Twymon

- 📖 June 3, 2018, 8:00 and 11:00 a.m.  
**“What The Problem Is?”** Luke 6:46  
Pastor Charles Twymon
- 📖 June 10, 2018, 8:00 a.m.  
**“God’s Waiting Room”**  
Psalm 27:13-14  
Rev. Eric Shumate
- 📖 June 10, 2018, 11:00 a.m.  
**“The Judgement Seat of Christ”**  
1 Corinthians 3:11-15  
Pastor Charles Twymon
- Father’s Day*
- 📖 June 17, 2018, 8:00 a.m.  
**“Our Father,”** Matthew 6:9  
Rev. James O’Rear
- 📖 June 17, 2018, 11:00 a.m.  
**“The Blessing of Being A Father”**  
Genesis 17:4-7  
Rev. Terry Minor
- 📖 June 24, 2018, :00 and 11:00 a.m.  
**“The Sower, The Seed and The Soil,”** Matthew 13:3-9  
Pastor Charles Twymon

## NEW MEMBERS

We welcome our new members who joined in June.

**Welcome**  
*To Macedonia*

ANDREA CONLEY  
LEE ANTHONY MILLER  
CHRISTIAN MIMS  
IYAHANNA SANDERS  
JASMINE WATSON

The New Members Orientation Class meets on the 2nd, 3rd and 4th Sundays at 9:30 a.m. on the second floor in the Upper Room.





# Honoring

## OUR GRADUATES

On **Sunday, June 24, 2018**, at the **11 a.m. worship service**, **Pastor Twymon and Macedonia Baptist Church** proudly acknowledged and honored the **2018 high school and college graduates**. Each graduate was presented with a Bible for Christian encouragement.



### High School Diplomas

**Kayla Arthur** graduated from Cass Technical High School on June 5 with a 3.82 (Magna Cum Laude) GPA. She plans to attend Michigan State University. Member of National Honor Society, Michigan Interscholastic Volleyball Coaches Association, Individual Academic All-State 2018, Michigan Orchestra Scholar Instrumentalist, Cass Tech Varsity Volleyball and Cass Tech Chamber Strings Orchestra. In the future she would like to be an Athletic Trainer for an NFL or NBA sports team.

**Rimmon O'Neil Jr.** graduated from Henry Ford Academy-Dearborn on June 11. He plans to attend Jackson College in the fall and earn a bachelor's degree in business management and later a degree in Mortuary Science.

**Monique Robison** graduated from Oak Park High School on June 10. After high school she plans to attend cosmetology school, earn her license, and open her own salon.

**Kevin Smitherman** graduated from Southfield A & T High School June 3 with a 3.00 GPA. Activities/Honors include Honor Roll, Defensive Player of the Year in football, and Excellence in Athletics. In the fall he plans to attend Tiffin University and graduate at the

top of his class and start his own business while keeping a close relationship with God.

**Ayrton Stein** graduated from Lee M. Thurston High School on June 7. He plans to attend Baker College in the fall and major in Automotive Mechanics.

**Jereal A. Thomas** graduated from University High School Academy with a 3.6 GPA (Magna Cum Laude). Honors/Activities include Southfield Public Schools Top Scholar Student and member of the first class of Wolverine Pathways graduates. In the future he plans to complete a dual degree engineering program at Morehouse and the University of Michigan-Ann Arbor and then to become a successful music producer and entrepreneur.



### Specialized Certificates

**LaTress Thomas** earned a certificate as a Medical Coder from Davenport University on December 6, 2017, with a 3.5 GPA. She plans to continue working at Henry Ford Health Systems as a Medical Coder.



(Graduates...Continued on page 5)



## Bachelor Degrees

**Amber Petty** graduated from Western Michigan University on June 23 with a Bachelor's Degree in Exercise Science. She's a member of the Phi Epsilon Kappa Fraternity. She will be completing an internship at Sinai Grace Hospital and afterwards will seek a position in a rehab facility as an Exercise Physiologist.

**Kyle Sammy** graduated from Wayne State University on May 18 with a Bachelor's Degree in Theatre. He plans to use his skills and talents for the glorification of God. Within the next year, he also plans to move to Los Angeles to further his career in film and television.

**Carmen Slappey** graduated from Northwood University with a GPA of 3.85 (Magna Cum Laude) May 12 with a Bachelor's Degree in Business Management, as well as an associates degree on December 15, 2017. She was named to the President's List of Scholars as one of the best performers at Northwood University. Her future plans are go into real estate to flip houses, start baking again...and maybe take on one of the supervisor positions offered to her once she retires from Ford Motor Company.



## Master Degrees

**Jessica Haynes** graduated from Lamar University with a 4.0 GPA December 16, 2017. She earned a Master of Education Degree in School Counseling. In the future she plans to counsel public school students. In the next five years she wants to become a licensed

professional counselor and open her own practice to treat mental, behavioral and emotional issues that affect individuals, families and groups.

**TeAundra Moore** graduated from Wayne State University May 5, 2018 earning her second Masters Degree in Education and School Counseling with a 3.19 GPA. Her goal is to become a successful entrepreneur, be a partner alongside her husband, and grow and manage the family engineering and IT business.

### CONGRATULATIONS CLASS OF 2018

## Inspiring Graduation Quotes

"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own. And you know what you know. You are the guy who'll decide where to go." - **Dr. Seuss**

"Your time is limited, so don't waste it living someone else's life. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition." - **Steve Jobs**

We do not need magic to change the world, we carry all the power we need inside ourselves already: we have the power to imagine better." - **JK Rowling**

"What lies behind us, and what lies before us are small matters compared to what lies within us." - **Ralph Waldo Emerson**

"To those of you who received honors, awards and distinctions, I say well done. And to the C students, I say you too may one day be president of the United States." - **George W. Bush**

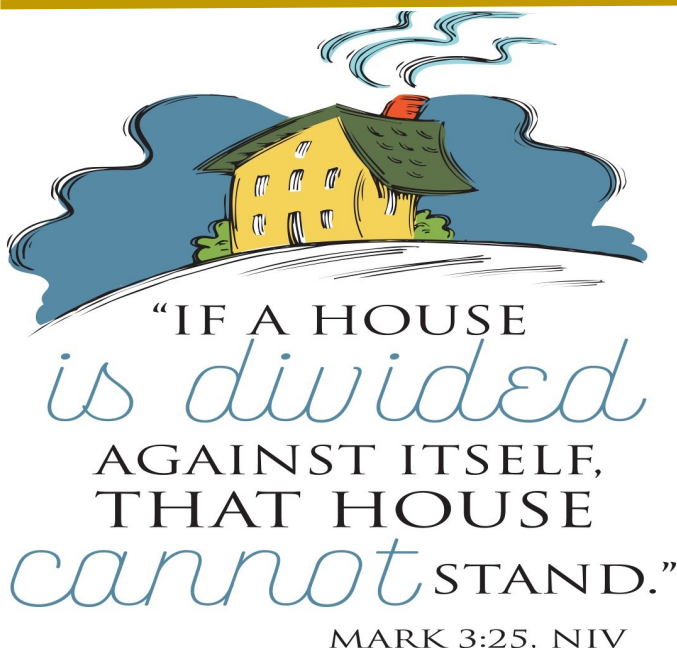
## JUST A LITTLE EXERCISE IMPROVES LIFESPAN

Submitted by Wendell Smitherman



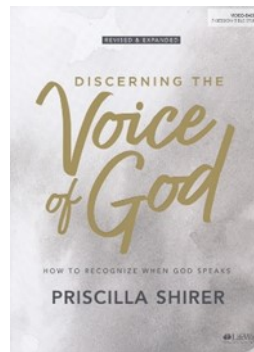
Even minimal exercise brings major longevity benefits. A study reported in JAMA (the **Journal of American Medical Association**) Internal Medicine found that people who exercise less than the recommended amounts (150 minutes of moderate activity each week) still reduce their risk of dying by 29 percent. Exercisers who work out the recommended amount lowered their risk 31 percent.

Source: Health Radar June 2015



## MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



A decade ago, Priscilla Shirer authored ***Discerning the Voice of God***, and since then God has continued to grow, teach, and challenge her in her walk with Him. This revised and expanded edition reflects that growth through new stories, illustrations, and exercises.

Through 7 sessions, discover the root to clear and daily communication with God—humble obedience. Learn how surrender unlocks His many blessings intended for us, centers us in His will, and helps us discern His voice in everyday life.

### Features:

- All-new interactive teaching videos approximately 30-40 minutes per session available for rent or purchase
- Leader tips in the back of the *Bible Study Book*
- In-depth stories and illustrations
- Personal study to be completed among the 7 group sessions
- Articles and insights from Dr. Tony Evans
- Exercises to equip you post-study

### Benefits:

- Challenge yourself in the discipline of daily Bible study.
- Gain practical advice for knowing and understanding God's voice through His Word.
- Learn to recognize the Holy Spirit's character, language, and tone of voice.
- Experience a deeper relationship with God, and strengthen your daily walk with Him.

This book is projected to be used by our Macedonia Baptist Church Women's Ministry, and can be obtained from [christianbooks.com](http://christianbooks.com).



**Invitation to:** *Macedonia Baptist Church Sunday School*

**Superintendent of Sunday School:** *Rev. Ronald Davis*

**Pastor:** *Reverend Charles D. Twymon*

The Sunday School Ministry invites you, your family and friends to attend Sunday School classes. The classes begin at 9:30 a.m. We know you will enjoy the wonderful lessons that will be reviewed, and can apply these teachings to your everyday life. The list of lessons for July 2018 includes the following:

**UNIT II: Calls for Justice and Mercy**

Date	Lesson	Scripture
July 1	Parable of the Unforgiving Servant	Matthew 18:21-35
July 8	Unjust Leaders	Matthew 23:1-8, 23-26
July 15	The Widow and the Unjust Judge	Luke 18:1-8
July 22	Entering God's Kingdom	Luke 13:22-30
July 29	Parable of the Great Dinner	Luke 14:15-24

**MEN'S FELLOWSHIP ADVANCE**  
**September 28-30, 2018**

**"As iron sharpens iron, so one man sharpens another."** - Proverbs 27:17 (LEB)

A weekend for men to enjoy: great fellowship great teaching, great food and great relaxation.

**ACTIVITIES INCLUDE:**

- Fellowship Gathering*
- Fishing*
- Golf*
- Hiking*
- Tours*
- Make Your Own Activity*
- Bowling*

For additional information, please see: **Brother Jason Twymon**

*Rev. Charles D. Twymon, Pastor*

**CELEBRATING 100 Years**

Serving God and the Community



The Souvenir Journal committee has been diligently working to create a commemorative booklet for the year 2020. You can participate by volunteering, submitting ideas, purchasing an ad, soliciting for ads, becoming a patron or some other way. Timing, pricing and other details are forthcoming. For more information, please contact Sister Dorothy Stephens at (313) 835-6997; or by email at: [dotstep@sbcglobal.net](mailto:dotstep@sbcglobal.net).



# Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223

*"Come over into Macedonia and help us." ACTS 16:9*



[www.macedonia-bc.com](http://www.macedonia-bc.com)

**Women's Ministry**  
**Mystery Train Ride Luncheon**  
**in Blissfield, MI**  
**July 21, 2018**



How can a young person  
stay on the path of

**PURITY?**

By living according to

**YOUR  
WORD.**

PSALM 119:9, NIV