

A monthly publication for Members of Macedonia Baptist Church Volume 16 Issue 10 *Rev. Charles D. Twymon, Pastor* October 2018

COMMEMORATING 98 YEARS OF SERVICE

GROWING Stronger

GROWING DEEPER

REACHING HIGHER

Isaiah 40:31

....but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

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BIBLE STUDY



Bible Study, led by Pastor Twymon, meets at 1:00 p.m. and 7:00 p.m. every Wednesday in Fellowship Hall. All members and guests are encouraged to

attend.

METROPOLITAN MISSIONARY BAPTIST DISTRICT ASSOCIATION



The Metropolitan District Laymen's Movement will open its **2018-19 session** meetings beginning October 20, 2018, at Macedonia Baptist Church.

All meetings are held the 3rd Saturday of each month at various churches within the district beginning at 9 a.m. The schedule of host churches through May 2019 will be announced at the October meeting.

All Macedonia members and friends are encouraged to attend and be blessed with God's Word, through worship, study, and fellowship.

Please support the Laymen's Ministry and learn of the mission.



Minister to your Ministers

In honor of Clergy Appreciation Month: Here are some reminders of how to treat your Pastors.

Accept them as people. Build them up. Say "thank you." Communicate with them. Defend them when someone tries to run them down. Entertain them. They like to have fun, too! Family. Allow them to have a family life. Genuine. Be honest with them. Be yourself around them. Honor them. Don't put them on a pedestal, but respect them. Income. Pay them enough so money isn't a concern. Judge not! Avoid being critical. Kind. Treat pastors as you want to be treated. Love, See 1 Corinthians 13. Maintain. Their families have the same needs ther familie as Nurture. Help them grow in grace. Offer to help. The list of things you can do is endless. Pray for them. Lift up their names to God daily. uelch not. Encourage instead! Rejoice in and with them. rise them — in little and big ways. Trust them. Believe in them. land them. Put yourself in their place. Vacation. They need time away. Welcome them into your home. Don't wait for an invitation. eXpend yourself, not them. Yoke, Help them bear their burdens with grace and dignity. Zap all gossip!

SERMONS

CDs and DVDs are available through the Audio Ministry. Visit **www.mbcdet.com/media** or via the **MBCDET app** to listen to archived sermons.



Pastor Charles D. Twymon

- September 2, 2018, 8:00 and 11:00 a.m.
 "Picked Out To Be Picked On" John 15:16-19 Pastor Charles Twymon
- September 9, 2018, 8:00 and 11:00 a.m.
 "Jesus Prayed For Me" John 17:20-21 Pastor Charles Twymon
- September 16, 2018, 8:00 and 11:00 a.m.
 "Rejected, Betrayed and Denied," John 18:25-27 Pastor Charles Twymon

98th Church Anniversary Commemoration

- September 23, 2018, 8:00 and 11:00 a.m.
 "The Man In The Middle" John 19:16-18 Pastor Charles Twymon
- September 30, 2018, 8:00 and 11:00 a.m.
 "Doubting Thomas," John 20:24-28 Pastor Charles Twymon



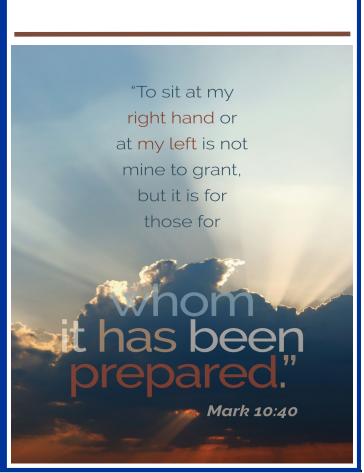
NEW MEMBERS

We welcome our new members who joined in September.



PETER CARR TIFFANEE CARR DARLENE CONWAY KENDRA RUSSELL

The New Members Orientation Class meets on the 2nd, 3rd and 4th Sundays at 9:30 a.m. on the second floor in the Upper Room.



FOLLOW THE RAINBOW **DIET FOR MORE** NUTRIENTS

Submitted by Wendell Smitherman

Colorful foods are rich in phytochemicals and antioxidants that fight premature aging and disease. Here's how to create a "Rainbow Diet," according to Tara Gidus Collingwood, team dietitian for the NBA's **Orlando Magic:**

Red, Purple and Blue. The phytochemical anthocyanin is found in foods with these colors: blueberries, beets and tomatoes. Anthocyanins are high in antioxidants and fiber, help prevent heart disease, and are anti-carcinogenic.

White. Mushrooms, parsnips, potatoes, bananas, cauliflower and other white veggies get their color from the phytochemical anthoxanthin. Cauliflower is a great source of vitamin C, vitamin K, and folate. Even potatoes have potassium.

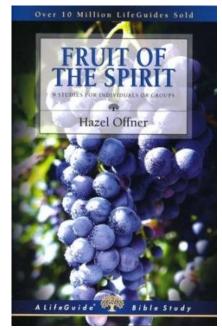
Orange and Yellow. Peppers, squash, oranges and carrots contain carotenoids, a healthy source of antioxidants that prevent cellular damage, improve eye health, and help ward off cancer. Betacarotene helps skin health by protecting tissues and cells from environmental toxins and disease. And such vegetables contain vitamin C, which promotes healthy immune response and wound healing.

Green. Leafy vegetables and green fruits get their color from chlorophyll, and are naturally high in vitamin A, vitamin C, vitamin E, iron, and zinc. The phytonutrients found in green vegetables also help boost the immune system, protect against inflammatory diseases and cancer. Go spinach, kale, broccoli, cucumbers, celery and peas.

Source: Health Radar, September 2018

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



Fruit of the Spirit LifeGuide **Topical Bible Stud**ies - Love. peace, joy, patience, kindness. qoodness, faithfulness. gentleness. self-control. To be spiritually mature is to show

the fruit of the Spirit of Christ in our lives. The New and Old Testament passages you will study, highlighting each quality, will help allow the Spirit's fruit to ripen. This revised LifeGuide Bible Study features additional questions for starting group discussions and for meeting God in personal ways, together with expanded leader's notes and an extra "Now or Later" section for deeper study.

This paperback book is available in the Bible and Book Corner.



COMMEMORATING 98 YEARS

By Maxine Gardner and Gwendolynne Howell

On Sunday, September 23, 2018, Macedonia Baptist church celebrated its 98th Church Anniversary at the 8:00 and 11:00 a.m. worship services. This year's theme: **Growing Stronger, Growing Deeper, Reaching Higher,** was taken from *Isaiah 40:31*. Which describes the milestones from 1920 to 2018 that Macedonia has achieved over the past 98 years.

The church grows stronger when the members believe and trust the pastor to provide strong leadership and deliver God's Word to all. The pastoral leadership from 1920 through today has been the foundation for many years of spiritual growth, strengthened by consistent teaching, guidance and encouragement. The pastors of Macedonia have taught God's Word in truth and knowledge, creating the desire of their members to dig deeper into the Word. Armed with spiritual strength and knowledge, Macedonia continues to reach higher, expanding its ability to share God's Word.

Pastor Twymon delivered the message "*The Man In The Middle*," during both services. His text was taken from John 19:16-18. Jesus is the Beginning and End. Father, Son, Holy Spirit. Jesus is the man in the middle, the mediator between God and man.

He sincerely wished Macedonia a Happy Anniversary, and indicated his desire for us to continue being a Christ-centered church. This calls for godliness in our daily walk to display honesty and integrity.

The Mass Choir provided us with great music and Sis. Michelle Petty gave a historical account of Macedonia from the early years to the present. It was very impressive to see how far we have come from Evaline Street to our present location and the North campus.

Immediately following the 8:00 a.m. service, our wonderful Kitchen Committee served a delicious continental breakfast.

HAPPY ANNIVERSARY MACEDONIA!

INFINITE SCHOLARS WILL HOST THE ANNUAL INFINITE SCHOLARS FREE SCHOLARSHIP FAIR! GRADES 9-12 ARE WELCOME!



MATERIALS NEEDED: 15-20 COPIES OF YOUR HIGH SCHOOL JUNIOR YEAR TRANSCRIPT, ACT/SAT TEST SCORES LETTERS OF RECOMMENDATION AND AN ESSAY TITLED "WHY I WANT TO ATTEND COLLEGE," ALONG WITH A RESUME.







STUDENTS CAN REGISTER FOR THIS EVENT ONLINE AT WWW.INFINITESCHOLAR.ORG

IN 2017, OVER 35 COLLEGES AND

UNIVERSITIES WERE IN ATTENDANCE AND

OVER 2 MILLION DOLLARS OF SCHOLARSHIP

DOLLARS AND ACCEPTANCE LETTERS WERE

RECEIVED ON THE SPOT !!!

Council President Brenda Jones (313) 224-1245 (office) (313) 224-4095 (fax) bjones_mb@detroitmi.gov

THURSDAY, OCTOBER 11, 2018, 4-8 P.M., EASTERN MARKET - SHED 3, 2934 RUSSELL ST. DETROIT, MI 48207

LET'S SPREAD THE WORD TO HIGH SCHOOLERS GRADES 9-121 COME OUT AND RECEIVE SCHOLARSHIP POLLARS AND ACCEPTANCE LETTERS FOR YOUR HIGH SCHOOL ACCOMPLISHMENTS!



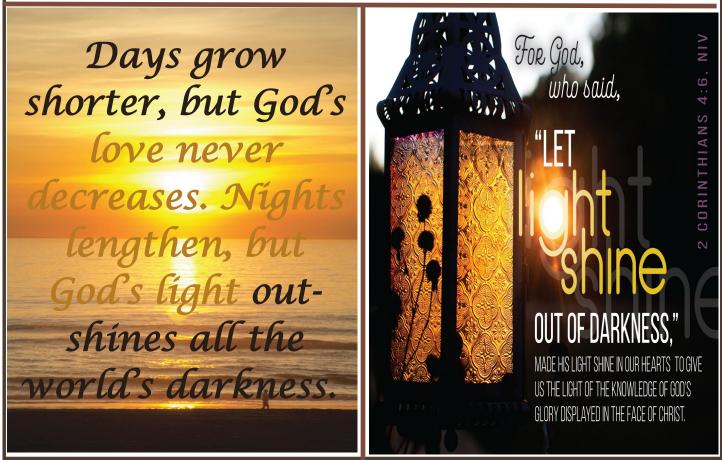
Invitation to: Macedonía Baptíst Church Sunday School

Superintendent of Sunday School: Rev. Ronald Davis

Pastor: Reverend Charles D. Twymon

The Sunday School Ministry invites you, your family and friends to attend Sunday School classes. The classes begin at 9:30 a.m. We know you will enjoy the wonder-ful lessons that will be reviewed, and can apply these teachings to your everyday life. The list of lessons for October 2018 includes the following:

The Beginning of Human History				
Date	Lesson	Scripture		
October 7	A Reckless Choice	Genesis 3:1-13		
October 14	Dreadful Consequences	Genesis 3:14-24		
October 21	The First Murder	Genesis 4:1-16		
October 28	Worldwide Wickedness	Genesis 6:1-10		

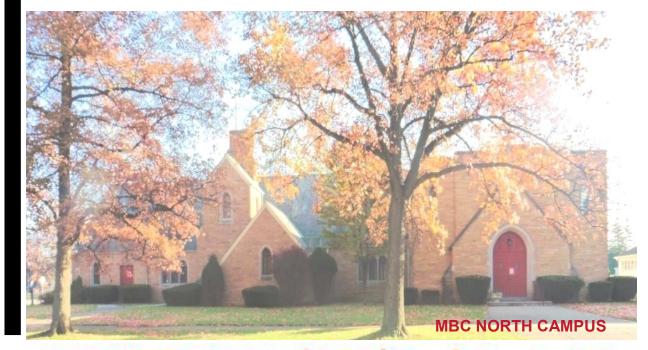




Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9





Sunday, November 4, 2018

DAYLIGHT-SAVING TIME ENDS

Turn Your Clocks Back 1 Hour

