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A monthly publication for Members of Macedonia Baptist Church

Rev. Charles D. Twymon, Pastor

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## NEW YEAR'S DAY! – TUESDAY, JANUARY 1, 2019

*He has also set eternity in the human heart; yet no one can fathom what God has done from*



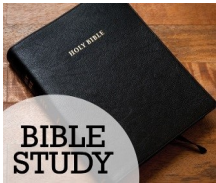
**ECCLESIASTES 3:11, NIV**

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# ANNOUNCEMENTS

## BIBLE STUDY

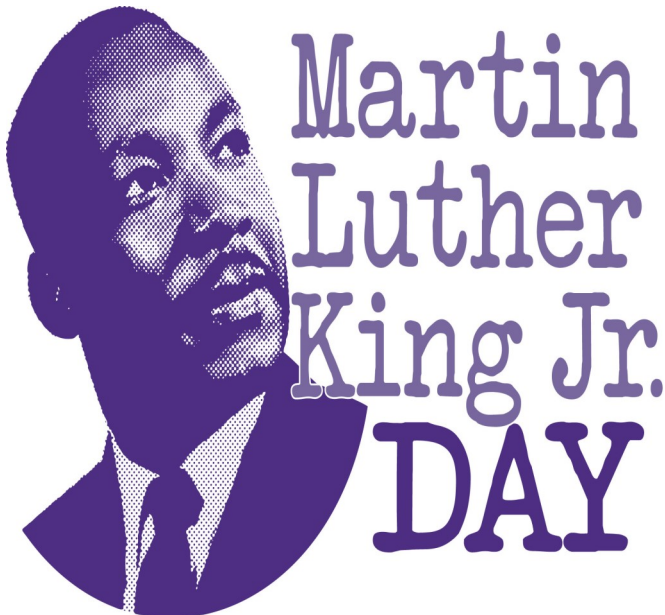


Bible Study, led by Pastor Twymon, meets at 1:00 p.m. and 7:00 p.m. every Wednesday in Fellowship Hall. All members and guests are encouraged to

attend.

The Sunday School Department will begin a new class for young adults, ages 18-20 beginning on the first Sunday in January of 2019. The class will meet in the Church Parlor each Sunday at 9:30 a.m. Brother Michael Moore will be the instructor.

Monday, January 21, 2019



“True peace is not merely the absence of tension; it is the presence of justice.”

—Martin Luther King Jr.

## REFLECTIONS

By Gloria Crawford

Another year has come and gone and it is a time I reflect on my life as a child, a wife, a mother and a Christian. As some others may as well, I think about where I have fallen short and could have done better. I also think about the things that I would still like to do and places I would love to go; however due to health challenges and full-time grandparent responsibilities those desires are placed on hold. Selfishly sometimes, I feel as though I am being punished. Why am I plagued with debilitating back problems and severe gastrointestinal issues? Why am I having to raise my grandchild, when I did everything to ensure that we would not be in this situation. Woe is me right? No!

It's in my reflection, I thank God that when I wake up in too much pain to walk or doubled-over from intestinal pain, that I am blessed to have a job that allows me to work from home, no questions asked. Sometimes weeks at a time. Yes, there are several medicines that I must take morning and at night just to keep my issues at bay, which come with their own side-affects. Yes, it is tiresome raising a very energetic four-year-old boy in your mid-fifties, but I am thankful to God for granting the means and endurance to keep persevering. There are moments of sadness for me, but I am thankful to God, because everything could be so much worse. It is in my reflection that I realize that I am not all that I should be but, by grace and mercy, each new day is a gift and an opportunity to do better.



So yes, I reflect on my past and current situation not to feel sorry for myself, but thankful that God has me right where I need to be so that I may never forget that it is **Him** that keeps and provides all that I **need!**

## SERMONS

CDs and DVDs are available through the Audio Ministry. Visit [www.mbcdet.com/media](http://www.mbcdet.com/media) or via the **MBCDET app** to listen to archived sermons.



**Pastor Charles D. Twymon**

-  December 2, 2018, 8:00 and 11:00 a.m.  
**“When The Snakes Bite”**  
Acts 28:1-6  
Pastor Charles Twymon
-  December 9, 2018, 8:00 a.m.  
**“The Reluctant Missionary”**  
Jonah 1:1-2  
Rev. Brady Bennett
-  December 9, 2018, 11:00 a.m.  
**“The High Note of Our Praise”**  
Jude 1:24-25  
Rev. Eric Shumate
-  December 16, 2018, 8:00 and 11:00 a.m.  
**“Stumbling Over Simplicity”**  
2 Kings 5:11-13  
Pastor Charles Twymon
-  December 23, 2018, 8:00 and 11:00 a.m.  
**“The Needy and The Greedy”**  
2 Kings 5:20  
Pastor Charles Twymon

## NEW MEMBERS

We welcome our new members who joined in December.



Welcome to  
Macedonia

**JACQUELINE MOORE  
STRATFORD NEWTON  
ISAAC QUINEY**

The **New Members Orientation Class** meets on the 2nd, 3rd and 4th Sundays at **9:30 a.m.** on the second floor in the **Upper Room.**



Everything else is  
WORTHLESS when  
compared with the  
**INFINITE VALUE**  
of knowing  
**Christ Jesus**  
*my Lord.*  
Philippians 3:8, NLT



# DIAGNOSED WITH A.A.A.D.D.

Submitted by Maxine Gardner

Recently, I was diagnosed with **A.A.A.D.D.**  
**Age-Activated Attention Deficit Disorder.**

This is how it manifests:

I decide to water my garden.  
As I turn on the hose in the driveway,  
I look over at my car and decide it needs  
washing.

As I start toward the garage,  
I notice mail on the porch table that  
I got from the mail box earlier.

I decide to go through the mail before I  
wash the car.

I lay my car keys on the table, put the junk  
mail in the waste basket under the table,  
and notice that the can is full.

Then I decide to put the bills back on the  
table and take out the trash first.

But then I think, since I'm going to be near  
the mailbox when I take out the garbage  
anyway, I may as well pay the bills first.

I take my check book off the table, and see  
that there is only one check left. My extra  
checks are in my desk in the study,  
so I go inside the house to my desk where  
I find the can of soda I'd been drinking.

I'm going to look for my checks, but first I  
need to push the soda aside so that I don't  
accidentally knock it over.

The soda is getting warm, so I decide to put  
it in the refrigerator to keep it cold.

As I head toward the kitchen with the soda,  
a vase of flowers on the counter catches my  
eye: they need water.

I put the soda on the counter and  
discover the reading glasses I've been  
searching for all morning. I decide I'd better  
put them back on my desk, but first I'm going  
to water the flowers.

I set the glasses back down on the counter,  
fill a container with water and suddenly spot  
the TV remote. Someone left it on the kitchen  
table.

I realize that tonight when we watch TV, I'll be  
looking for the remote but won't remember  
that it's on the kitchen table, so I decide to put  
it back in the den where it  
belongs, but first I'll water  
the flowers.



I pour some water in the  
flowers, but quite a bit of it  
spills on the floor.

So I set the remote back on  
the table, get some towels and wipe up the  
spill.

Then I head down the hall trying to  
remember what I was planning to do.

At the end of the day: the car isn't washed,  
the bills aren't paid, there is a warm can of  
soda sitting on the counter, the flowers don't  
have enough water, there is still only 1 check  
in my check book, I can't find the remote,  
I can't find my glasses, and I don't remember  
what I did with the car keys.

Then, when I try to  
figure out why nothing  
got done today, I'm  
really baffled because  
I know I was busy all  
day, and I'm really  
tired.



I realize this is a serious problem, and I'll try  
to get some help for it, but first I'll check my  
e-mail.

Don't laugh: if this isn't you yet, your day is  
coming!

Source: Posted on CoachRudy, in Adult  
ADD/ADHD on April 26, 2007

# 2019 MEMBERSHIP REGISTRATION

Registration is extremely important! Since our last registration, members have left our church, changed addresses, phone numbers, and in some cases, last names. We must update our records to reflect these changes.

If you value your membership with this church, please make every effort to preserve it. Registration will be held in the Atrium beginning Sunday, January 6, 2019, after the 8:00 a.m. and 11:00 a.m. worship services each Sunday for six weeks. A \$1.00 fee will be assessed to defray the cost of registration.

The By-Laws pertaining to annual registration, Article 1, Section 7, are as follows:

***Every member must register in person during the first six (6) weeks of every new year. Provisions will be made for members who are unable to register in person due to illness, military duty, and educational leave.***

***Any person desiring to register whose name is not found on the current membership list, must offer themselves as a candidate under Article 1, Section 2.***

Your failure to register in person by Sunday, February 10, 2019, will indicate that you no longer consider yourself a member of this congregation. The termination of individuals from the church roll will include the forfeiture of all rights and privileges associated with membership, including weddings and funerals.



The Gentiles are ...  
sharers together in the promise  
in Christ Jesus.

Ephesians 3:6, NIV

## EATING BREAKFAST BURNS MORE CARBS

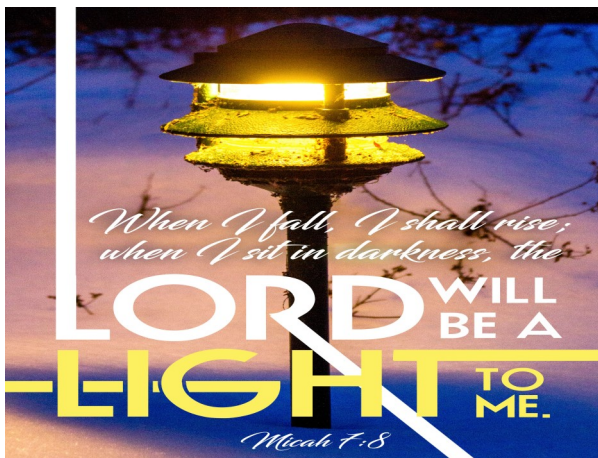
Submitted by Wendell Smitherman



Eating breakfast before exercising prepares the body to burn carbohydrates during exercise, says University of Bath researchers in the U.K. Researchers studied the effects of eating breakfast as opposed to fasting overnight before cycling for an hour.

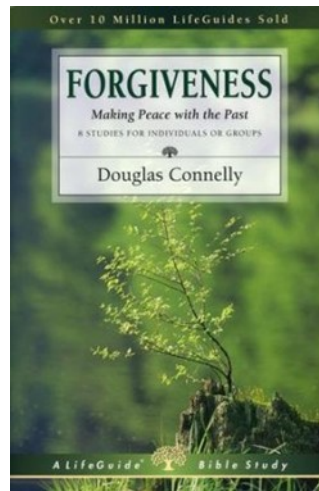
“...Breakfast before exercise increases carbohydrate burning during exercise, and this carbohydrate wasn’t just coming from the breakfast that was just eaten, but also from carbohydrate stored in our muscles as glycogen,” said researcher Rob Edinburgh. In addition to burning carbs, the study found that eating breakfast helps the body digest and metabolize food eaten later in the day.

Source: Health Radar, December 2018



## MACEDONIA BIBLE & BOOK CORNER

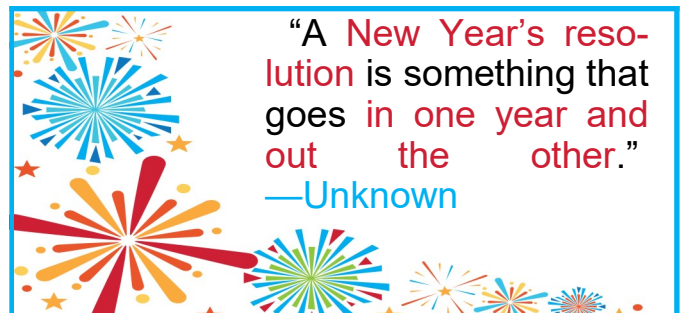
Submitted by Sonja Gray



Forgiveness is a door. It's the way to peace and joy. But it's a small door, and it can't be entered without stooping--or kneeling. And sometimes it is very hard to find. When we hurt the people we love, how do we go

about restoring the relationship? When we suffer the pain of betrayal or injury or rejection from someone else, how do we deal with the anger and resentment we feel? In the eight studies in ***Forgiveness: Making Peace with the Past***, Douglas K. Connelly leads the way to help you discover, understand and practice what the Bible says about forgiveness. This Life Guide Bible Study features questions for starting group discussions and for meeting God in personal reflection, together with leader's notes and an "Now or Later" section in each study.

This study guide is available in the Bible and Book Corner.







**Invitation to:** *Macedonia Baptist Church Sunday School*

**Superintendent of Sunday School:** *Rev. Ronald Davis*

**Pastor:** *Reverend Charles D. Twymon*

The Sunday School Ministry invites you, your family and friends to attend Sunday School classes. The classes begin at 9:30 a.m. We know you will enjoy the wonderful lessons that will be reviewed, and can apply these teachings to your everyday life. The list of lessons for January 2019 includes the following:

### Christ Pursuing His Mission

Date	Lesson	Scripture
January 6	Christ's Identity Established	Matthew 3:13 thru 4:11
January 13	Teaching and Healing	Matthew 4:12-25
January 20	Christ's New Commands	Matthew 5:33-45
January 27	Christ's New Teaching	Matthew 6:1-13

## YOU THINK ENGLISH IS EASY???

**HOMOGRAPHS** are words that are *spelled* the same but have different meanings.

- We must polish the Polish furniture.
- He could lead if he would get the lead out.
- The farm was used to produce produce.
- The dump was so full that it had to refuse more refuse.
- The soldier decided to desert in the desert.
- This was a good time to present the present.
- A bass was painted on the head of the bass drum.
- When shot at, the dove dove into the bushes.
- I did not object to the object.
- The insurance was invalid for the invalid.
- The bandage was wound around the wound.
- There was a row among the oarsmen about how to row.
- They were too close to the door to close it.
- The buck does funny things when the does are present.

- They sent a sewer down to stitch the tear in the sewer line.
- To help with planting, the farmer taught his sow to sow.
- The wind was too strong to wind the sail.
- After a number of injections my jaw got number.
- Upon seeing the tear in my clothes I shed a tear.
- I had to subject the subject to a series of tests.
- How can I intimate this to my most intimate friend?
- I read it once and will read it again.
- I learned much from this learned treatise.
- I was content to note the content of the message.
- The Blessed Virgin blessed her. Blessed her richly.
- It's a bit wicked to over-trim a short wicked candle.
- If he will absent himself we mark him absent.
- I incline toward bypassing the incline.

Source: Unknown



# Macedonia Baptist Church

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*"Come over into Macedonia and help us." ACTS 16:9*



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