A monthly publication for Members of Macedonia Baptist Church

Rev. Charles D. Twymon, Pastor

Volume 17 Issue 7

July 2019



Inside This Issue	
Announcements	2
Sermons/New Members	3
Honoring Our 2019 Graduates	4-5
Tired of Leg and Foot Cramps?	5
Making Time/MBC Bible & Book Corner	6
Invitation to Sunday School/Bible Quiz	7

annovincenes

BIBLE STUDY



The Pastor's Wednesday afternoon and evening Bible Study Class has been suspended for the summer.

Bible Study will resume on Wednesday, September 18, 2019, at 1:00 p.m. and 7:00 p.m.



CELEBRATING 100 Years

Serving God and the Community

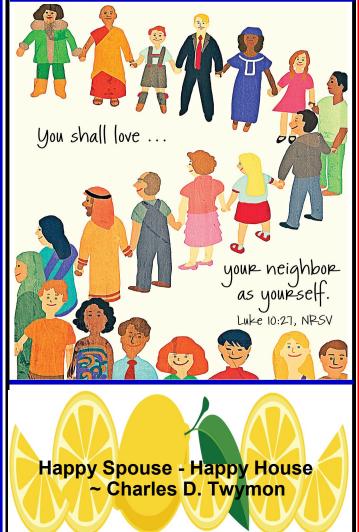


The Souvenir Journal committee has been diligently working to create a commemorative booklet for the year 2020. You can participate by volunteering, submitting ideas, purchasing an ad, soliciting for ads, becoming a patron or some other way. For more information, please contact Sister Dorothy Stephens at (313) 835-6997, or by email at: dotstep@sbcglobal.net.

Calling all Macedonia Members.

Are you a Small Business Owner? Skilled Tradesman/Self-Employed? Artist/Creative? Work in a profession that can assist and help others?

Macedonia will be putting together a new listing of services comprised from our members into a form of a directory resource. Please send your Name, Business/Job Title, Phone, Your Picture, Email Address & Website and a brief synopsis of your business, trade or profession to Hayward Crawford at hcrawf88@gmail.com



SERMONS

CDs and DVDs are available through the Audio Ministry. Visit www.mbcdet.com/media or via the MBCDET app to listen to archived sermons.



Pastor Charles D. Twymon

- June 2, 2019, 8:00 and 11:00 a.m.

 "I Never Knew You"

 Matthew 7:21-23

 Pastor Charles Twymon
- June 9, 2019, 8:00 and 11:00 a.m. "Stirred Up," 1 Kings 21:17-18, 25 Pastor Charles Twymon

FATHER'S DAY

- June 16, 2019, 8:00 a.m. "The Greatest Father," Exodus 20:12 Rev. Brady Bennett
- June 16, 2019, 11:00 a.m. "Fatherhood: Still Necessary" Joshua 24:15 Rev. Ronald Moncrief
- June 23, 2019, 8:00 a.m.

 "Doing The Impossible"

 Matthew 14:22-33

 Rev. David Ridgeway, Associate Minister Oasis of Hope Church, Detroit, MI
- June 23, 2019, 11:00 a.m.

 "The Race of Faith I'm Running For My Life." Hebrews 12:1-2
 Rev. Terry Minor

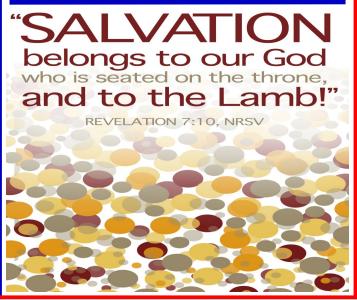
NEW MEMBERS

We welcome our new members who joined in June.



EDDIE GARDNER III RUTH KENDRICK WILLIAM KENDRICK THERESA REGISTER DONALD SMITH

The New Members Orientation Class meets on the 2nd, 3rd and 4th Sundays at 9:30 a.m. on the second floor in the Upper Room.







J'nai Raven Crump graduated from the University Prep Academy in Detroit on June 12. She plans to attend Central Michigan University in August and major in chemistry and minor in business management.

Kamyron Freeman graduated from Clarenceville High School in Livonia on June 7. He plans to attend Oakland Community College in the fall. His plans are to work in the business industry by completing the business administration program with a minor in accounting. Later he plans to transfer to Wayne State University to earn a bachelor's degree in business.

Justin Hunter graduated from Loyola High School on June 5. He received an award for "Most Likely to be an Outstanding Speaker." He plans to enlist in the United States Army and get a degree in education while in the service.

Shandriel Milledge McCrary graduated from the Jalen Rose Leadership Academy on

June 8 with a 3.5 GPA. In the fall she plans to attend Henry Ford College and major in pediatric nursing and become the most recognized/recommended pediatric nurse at Beaumont Hospital. Shandriel plans to receive her license through the LPN program. In addition, she will pursue her master's degree in science.



Jeanette Hayden received a Certificate of Baking & Pastry from the Art Institute of Michigan on September 20, 2018, with a GPA of 3.5. She graduated with honors and plans to open Nanah J's Bakery in Detroit.



Shenida Warren received a Practical Nursing diploma from the Professional Skills Institute on June 28, 2019. She plans to attend Schoolcraft College in the winter of 2020 to pursue a career as an OB registered nurse.

July 2019



Ethan L. Hayden graduated May 4 from Tennessee State University with a Bachelor of Science degree in Human Performance & Sports Science with a 3.2 GPA. He plans to continue his education and explore opportunities in real estate.

Fletcher Link II graduated from Central Michigan University on December 15, 2018, with a Bachelors Degree in Sports Management with a 2.6 GPA. He plans to continue his entrepreneurship with his record label business and the opening of a sneaker store. With his future success he plans to give back to the community, especially giving back to the younger generation, helping the youth in mentoring for their future career.



Kiersten Brooks graduated from Wayne State University on May 2 with a Master's Degree in Social Work with a 3.8 GPA. She plans to pursue a PhD. in psychology.



Shantinique Brooks received a Juris Doctor degree from the University of Detroit Mercy Law School on May 10. Honors and Awards: 2018 Book Award for earning the highest grade in two classes and recognition for work at the Free Legal Clinic at the federal court in downtown Detroit. From now until July 29 she will be studying to pass the Michigan bar exam and secure a job as an attorney at a law firm.



TIRED OF LEG AND FOOT CRAMPS?

By Cynthia Sammy

Do leg or foot cramps wake you up at night? Stop stomping on the floor or squeezing the pain away. Put your apple cider vinegar back on the shelf to use in your recipes and get out a bar of soap. Yes, a bar of soap. There is no scientific or medical reason why it works, but it does! It doesn't matter what brand, just make sure it is a bar soap. Remove the wrapper and place it on top of your mattress under your fitted bottom sheet. When the pain hits you, use your foot to find the soap and lay your leg or foot on top of it. Like magic the pain will disappear with ease. Some people just put their leg or foot next to the soap and it still works. If you don't believe me, go to your computer and Google, "Soap and Leg Cramps," or just ask Mother Watson.

My doctor, Dr. Daniel Panush recommended this for my leg cramps. This treatment has even been known to completely cure leg cramps.

So say goodbye to this awful pain and hello to a bar of soap. I really hope that this helps those that suffer from leg cramps and pain. If anyone finds out why this works, let me know. If you never find out it's okay. I am very satisfied. Don't forget to change your bar of soap every three weeks. This treatment should never take the place of your doctor's exam.

Pleasant Dreams!

MAKING TIME

Submitted by Wendell Smitherman

In Charles Fuller's excellent play, **Zooman**, a young teenage boy who accidentally kills a small girl says, "If you treat me like an animal, I'll act like an animal." Today too many young African Americans are following Zooman's axiom.

Our youth didn't always act like this. Today, young people are employing a lot of false bravado and empty words to try to make a place for themselves in the cynical world. In many cases, they have no models for acting like responsible adults.

How to save our youth is a difficult question and yet the answer is obvious. We cannot shun or neglect them. We can no longer ignore their problems and their pain. Every year thousands of them continue to cry out. "Can you help me?" Yet, when they ask for guidance many of us adults say, "No, I don't have time."

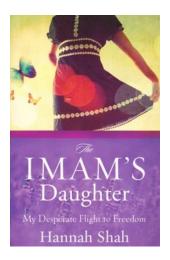
We must make time. Our assistance at this pivotal moment in their lives could make all the difference in the world.

Source: Ralph Abernathy, from The Wisdom of The Elders, By Robert Fleming,1979 - Random House Publishing



MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



Hannah Shah is an Imam's daughter. She lived the life of a devout Muslim in a family of Pakistani Muslims in England, but behind the front door, she was a caged butterfly. For many years, her father abused her in the cellar of their home. At sixteen, she discovered a plan to send her to Pakistan for an arranged marriage, and she gathered the courage to run away. Relentlessly hunted by her angry father and brothers, who were intent on executing an "honor" killing, she moved from house to house in perpetual fear to escape them. Over time, she converted to Christianity and was able to live and marry as she wished. Hannah found the courage to live her life free from shame, free from religious intolerance, and free from the abuse that haunted her childhood. This is a remarkable true story of how a young girl escaped a life of torture ... a story you won't forget.

This paperback is available in our MBC Bible & Book Corner.



Invitation to: Macedonía Baptíst Church Sunday School

Superintendent of Sunday School: Rev. Ronald Davis

Pastor: Reverend Charles D. Twymon

The Sunday School Ministry invites you, your family and friends to attend Sunday School classes. The classes begin at 9:30 a.m. We know you will enjoy the wonderful lessons that will be reviewed, and can apply these teachings to your everyday life. The list of lessons for July 2019 includes the following:

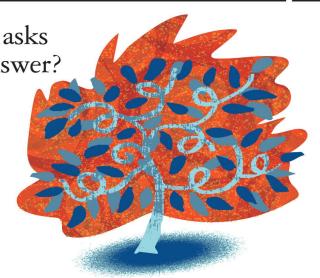
Maturing Faith

Date	Lesson	Scripture
July 7	An Everlasting Covenant	Genesis 17:1-8, 15-21
July 14	Dwelling in Canaan	Genesis 21:1-10
July 21	Hagar and Ishmael Cast Out	Genesis 21:11-21
July 28	A Test of Faith	Genesis 22:1-14

?? Bible Quiz ???

At the burning bush, Moses asks God's name. What is God's answer?

- A. The Lord
- B. I AM
- C. The God of Abraham, Isaac and Jacob
- D. All of the above

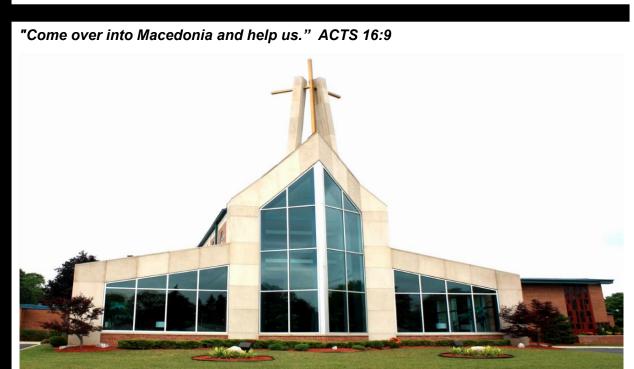


Answer: D (See Exodus 3:14-15.)



Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223



www.mibocdet.com

