



Good News

Macedonia Baptist Church

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A monthly publication for Members of Macedonia Baptist Church

Rev. Charles D. Twymon, Pastor

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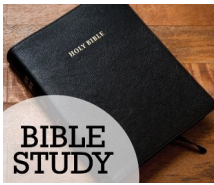
FOR THE LOVE OF CHRIST
urges us on,
BECAUSE WE ARE CONVINCED
THAT ONE HAS DIED FOR ALL;
THEREFORE ALL HAVE DIED.

2 CORINTHIANS 5:14, NRSV

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BIBLE STUDY



The Pastor's Wednesday afternoon and evening Bible Study Classes are recessed until further notice.

CELEBRATING
1920 **100TH** 2020
Church Anniversary

"One Hundred Years...A Great Start"

Macedonia Baptist Church was commemorating our **100th** Church Anniversary this year from January through March, when the festivities came to a grinding halt due to Covid-19.

Our Pastor and First Lady, as well as some of our Associate Ministers, Deacons, Trustees and members became ill, some did not survive. The continued spread of the virus has prompted our Anniversary Gala to be postponed until October 2021.

In addition to Covid-19, we have lost other members due to various other illnesses. Whenever we are able to come back together and worship in person, the congregation will have changed. We will look and expect to see members, but they will not be there. Our hearts are heavy for our losses, but we can still be thankful to God for our members that are still with us and those we will forever hold dear in our hearts.

Macedonia is not just the building that we meet in to praise and worship God. Macedonia is its members that continue to praise and worship God via Live Stream services and follow lessons via Zoom Sunday School classes each week.

From 1920 to 2020, Macedonia has stood on the Word of God. Prepare to show your continued love, support, and appreciation of our church ministries. Each member has been asked to give \$100 towards the anniversary offering. If you are unable to give \$100, please give according to how God has blessed you

Yes, we still have cause to celebrate. **"One Hundred Years...A Great Start,"** but our service is not finished.

Above all, please keep Pastor and Sister Twymon, our members and their loved ones in your prayers. Remember your blessings and honor your church.

Happy 51st Anniversary

September 6, 2020

Pastor Charles D. and Mrs. Loraine Twymon



A wedding anniversary is symbolic of the fact that a couple's love has sailed through life's many journeys.






Pastor Twymon and Sister Twymon—The bond of a marriage can take various forms. Sometimes it can be a beautiful knot, sometimes it can be a fragile cord. Regardless of what it is, we thank you for the example you have given to each one of us about how to make a marriage last. Let love never leave your house and may happiness stay with you always!

SERMONS

CDs and DVDs are available through the Audio Ministry. Visit www.mbcdet.com/media or via the **MBCDET** app to listen to archived sermons.



Pastor Charles D. Twymon

-  August 2, 2020, 11:00 a.m. Live Stream
"Get Wisdom," Proverbs 4:5-7
Pastor Charles Twymon
-  August 9, 2020, 11:00 a.m. Live Stream
"When Justice Meets Mercy"
John 8:1-11
Rev. Terry Minor
-  August 16, 2020, 11:00 a.m. Live Stream
"To Whom Shall We Go?"
John 6:54-71
Pastor Charles Twymon
-  August 23, 2020, 11:00 a.m. Live Stream
"Lame Feet At The King's Table"
2 Samuel 9:11-13
Pastor Charles Twymon
-  August 30, 2020, 11:00 a.m. Live Stream
"The Bridge Between Our Anxiety And God's Peace," Philippians 4:6-7
Rev. Eric Shumate



Time for a pop quiz!

Tests don't end once you finish school. Churchgoers of all ages can regularly conduct these quick assessments:

- The worship test: Do I faithfully attend worship services and Bible studies?
- The weather test: Am I a "fair weather" Christian? Do conditions that wouldn't keep me from work keep me from church?
- The work test: Am I willing to put my talents to use for my church? Can the congregation count on me to help however possible, or am I too busy elsewhere?
- The wallet test: Do I regularly contribute or tithe? Am I giving my "first fruits" to God so the church can conduct His work?



This too shall pass.

TODAY I WOKE UP A BLACK MAN

Submitted by Maxine Gardner

Today I woke up to the reality that everything
is possible
Leaving nothing to chance, luck or speculation
I have this new realization
I'm a safe bet
The cards are stacked in my favor
Not a victim of some wicked plot, scheme, or
attack plan
Today I woke up A Black Man

No longer enslaved by the images that once
defined me
I woke up with a light so bright it blinds me
Even my hat fits snug
My brain has increased its capacity
Enlarged by my own audacity
Today I woke up a Black Man

My journey now needs only this token
This fee
That I choose to believe in me
That I set free the pain, stress and strain
That I accept the responsibility that greatness
is my probability
Today I woke up a Black Man

Not shackled by how the world sees me
What matters most is how I see me
A seed snatched from the equator
The most beautiful reflection of my creator
Fear and failure simply a distraction
Today my future found traction
Today I woke up a Black Man

Source: Inspired By President Barack Obama
Written By David E. Talbert in November,
2008, released in January, 2017



By Maxine Gardner

I came across the above poem in my
archives attached to an article about the need
for more black teachers, especially black male
teachers, in our schools to provide a relatable

experience for black students and a cultural
bridge for other students.

Other than pointing someone toward a life in
Christ, what other nonlife saving position in life
could mean more than being a catalyst for
young minds.

This may be a good time for teachers to
exercise their superpowers in education, trans-
forming minds and offering choices in life for
fulfilling careers on par with being a doctor,
lawyer or engineer, professions that are
pushed toward youngsters usually from a mon-
etary standpoint.

David E. Talbert, the author of the poem,
was raised in a Christian home and may have
been taught from a child what God can do. In
a struggle to become successful in his own
right, he saw a black man become president of
the United States and wrote about waking up
to possibilities. When I read the poem, I could
visualize a young black man coming into a new
realization.

During this unbelievable time, we need role
models from every aspect of life, but teachers
have something special for giving, sharing, and
drawing out.

May God continue to Bless and keep you!

A LITTLE HUMOR

A minister parked his car in a no-parking zone in
a large city because he was short of time and
couldn't find a space with a meter. So he put a
note under the windshield wiper that read: "I have
circled the block 100 times. If I don't park here, I'll
miss my appointment. FORGIVE US OUR TRES-
PASSES."

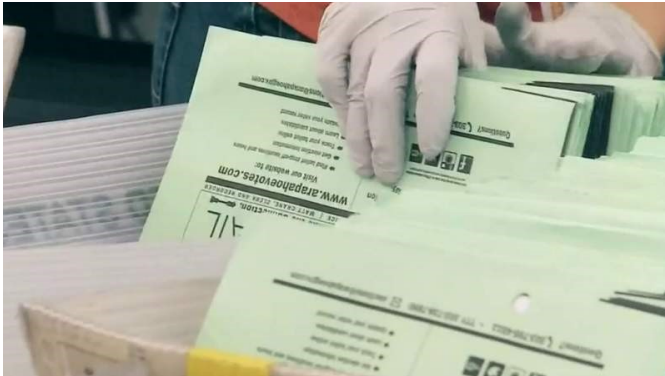
When he returned, he found a citation from a
police officer along with this note. "I've circled this
block for 10 years. If I don't give you a ticket, I'll
lose my job. LEAD US NOT INTO TEMPTATION."

Source: <http://jokes.christiansunite.com/>

USPS CANNOT GUARANTEE MICHIGAN'S MAIL-IN VOTES WILL ARRIVE IN TIME TO BE COUNTED

Submitted by Newsletter Staff

The U.S. Postal Service is warning states coast to coast that it cannot guarantee all ballots cast by mail for the November election will arrive in time to be counted, even if mailed by state deadlines, raising the possibility that millions of voters could be disenfranchised.



The new development has Michigan Secretary of State Jocelyn Benson concerned.

The warning was in a letter sent to 46 states and Washington, DC. The letter was dated at the end of July, but didn't come to light until this week. It's only compounded fears that with more people than ever before voting by mail this year that votes simply won't be counted.

"It is not reliable and there are lot of variables and uncertainties that are evolving hour-to-hour, day-to-day," Benson said. "I'm deeply concerned about that."

The Postal Service sent Benson's office a letter that said Michigan's vote-by-mail laws are "incongruous" with USPS standards and that the ballot deadlines create a mismatch with delivery.

"This is not the time for the Postal Service to give up on its responsibility to serve," Benson said.

Benson has been critical of the federal push back to what some have called deliberate delays to suppress voting. The new post master general calling those delays unintended consequences to budget cuts.

On top of delays, the Post Office has been steadily building after new rules about overtime that went into effect and as the USPS has begun removing critical time-saving sorting machines. According to new numbers from the Washington Post, inside the USPS Michigan Metroplex in Pontiac -- one of the busiest in the country -- more than 394,000 pieces of mail are going unsorted every hour.

Benson also revealed the Postal Service has started removing official blue mailboxes from states like Maine and Montana after she talked to other secretaries of state.

"If the post office is removing mailboxes on streets across Michigan, that's of concern to all of us who are concerned about mail delivery and particularly the timing like this, when more citizens are voting by mail than ever before," Benson said.

Benson's office is asking anyone who sees the post office removing mailboxes to report those sightings to her office.



Rep. Elissa Slotkin called Saturday for the House Oversight Committee to hold hearings with senior leadership at the U.S. Postal Service.

"The delays from the post office are currently the number one issue people are raising with me in person, on our office phones, and via mail," Slotkin said. "USPS leadership should have to publicly explain their recent staffing and operational changes that have led to mail slowdowns, and directly respond to Americans' urgent questions about getting mailed prescriptions, carrying out normal business, and making sure our absentee votes are counted in November."

Source: <https://www.clickondetroit.com/decision-2020/2020/08/15/>, Grant Hermes and Dane Kelly, August 15, 2020

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



In the Kitchen with Grandma is a charming cookbook for bringing grandparents and grandchildren together in the kitchen. The recipes are grouped seasonally, so it's easy to find a suitable recipe for family gatherings during each season of

the year. Enjoy delicious, grandma-tested recipes you and your grandchild will love making together, as well as wisdom and tips from grandmas like you. Make lasting memories in the kitchen as you discover 100 delicious child-friendly recipes to cook with your grandchild as you share life lessons with your little helper.

Also, each recipe is graded as to preparation difficulty. One can easily choose a recipe according to the age of the grandchild who is working with Grandma. I truly love a recipe that is delicious and easy to make, so I will definitely be making some of these recipes by myself. The author has a Master's degree in Home Economics and makes up her own recipes. She offers tips and shortcuts, as well as changes of ingredients to make some recipes gluten-free. I found her step-by-step instructions to be easy to follow. "A Spoonful of Sharing" offers ideas for conversations while creating each recipe. This will make kitchen time meaningful between Grandma and grandchild. This book is available on www.christianbooks.com.

ATTENTION!

Please see the Sunday School Zoom Meeting schedule (**on the next page**) for the change in the Women's Class.

HOW WALKING CAN EXTEND YOUR LIFE

Submitted by Wendell Smitherman

Morning Is Best.

You can optimize weight loss by taking a walk first thing in the morning. At that point in the day, your body has been fasting while you slept and has likely gone through most of its glucose reserves (called glycogen). That means your body will tap more fat for energy than normal. Walking in the morning also means you will probably eat less during the day because sunlight boosts levels of the "fullness" hormone leptin. So, you simply will not feel as hungry.

The stress reduction that comes with walking can also contribute to weight management because it sparks the release of feel good "endorphin and serotonin" hormones.

"Stress is one of the main triggers for over-eating," notes, Shannon Monnat, PhD, an Associate Professor of Sociology at Syracuse University and contributor to Move it Monday, an international campaign that encourages people to start the week with some exercise." With improved mood and lower stress our brains and bodies feel better, and we are less likely to reach for the foods that make us fat."

Source: Health Radar, May, 2020

Sunday,
September 13, 2020

Grandparents
DAY



Invitation to: *Macedonia Baptist Church Sunday School*

Superintendent of Sunday School: *Rev. Ronald Davis*

Pastor: *Reverend Charles D. Twymon*

The Sunday School classes will be conducting lessons via Zoom for the time being. We invite you, your family and friends to enjoy the wonderful lessons that can be applied to your everyday life.

Classes	Zoom Details	Time
Adults & Men's Class	Meeting ID: 927 219 5591, Password: 4Y06SC	9:30 – 10:30 a.m.
Adult Women's	Meeting ID: 801 855 9447, Password: 708270	9:30 – 10:30 a.m.
Teens & Young Adults	Meeting ID: 567 992 3441, Password: 503816	9:30 – 10:30 a.m.
Juniors	Meeting ID: 756 6710 3044, Password: 5nKWKn	10:00 – 10:40 a.m.
Beginners	Meeting ID: 246 295 5225, Password: 5TykPq	10:00 – 10:40 a.m.
Primaries	Meeting ID: 764 3488 2047, Password: 7HSqXa	10:00 – 10:40 a.m.

The list of lessons for September 2020 includes the following:

Preparation of a Nation: Provisions

Date	Lesson	Scripture
September 6	God Provides Manna and Quail	Exodus 16:2-15
September 13	God Provides Water from a Rock	Exodus 17:1-7
September 20	God Gives Victory Over the Amalekites	Exodus 17:8-16
September 27	God Provides Judges to Help Moses	Exodus 18:13-26

Bible Quiz

Which of these was not one of the 10 plagues God brought against Egypt to persuade Pharaoh to let the Hebrew people go?

- A. an abundance of frogs
- B. the Nile River turned to blood
- C. the collapse of the pyramids
- D. thick darkness



Answer: C (See Exodus 7:14-12:32.)



Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9



**MONDAY,
SEPTEMBER 7, 2020**



**Tuesday,
September 22, 2020**