

Good News

Macedonia Baptist Church

14221 Southfield Road
Detroit, Michigan 48223
313-837-5040
www.mbcdet.com

A monthly publication for Members of Macedonia Baptist Church

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P S A L M 1 : 3 , N I V

**He is like a
tree planted
by streams of
water, which
yields its fruit
in season and
whose leaf does
not wither.
Whatever he
does prospers.**

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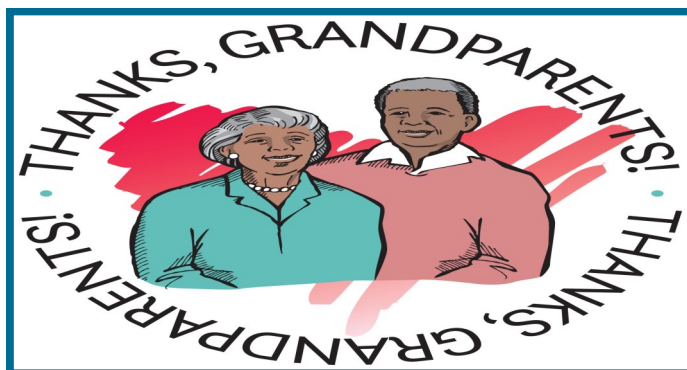


MONDAY—FRIDAY
9:00 A.M.—3:00 P.M.



PRAYER SERVICE is held every **Wednesday**
at **12:00 noon** in the Chapel.

SEPTEMBER 11, 2021



September 12, 2021

101ST Church ANNIVERSARY

1920 - 2021

Macedonia Baptist Church will commemorate its 101st Church Anniversary during the Month of September. Under the leadership of our Assistant Pastor, Rev. Terry Minor, Pastor Emeritus Twymon and his predecessors, the church continues to grow both physically and spiritually.

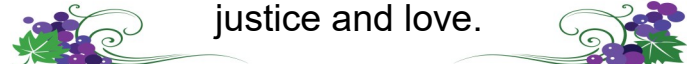
Our hearts are heavy for our losses of beloved members, but we are still thankful to God for our members that are still with us and those we will forever hold dear in our hearts.

From 1920 to 2021, Macedonia has stood on the Word of God. Prepare to show your continued love, support, and appreciation of our church. Each member has been asked to give \$101 towards the anniversary offering.

For the complete history of our church, please visit our website at www.macedonia-bc.com.








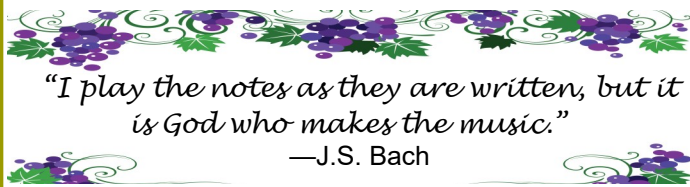
God, nourish me with the living water of your Son Jesus, that I may not wither but may bear fruit to feed my neighbors with justice and love.



SERMONS

CDs and DVDs are available through the Audio Ministry. Visit www.mbcdet.com/media or via the **MBCDET app** to listen to archived sermons.

-  August 1, 2021, 11:00 a.m.
"The Proof of Faith"
James 2: 14-20
Rev. Eric Shumate
-  August 8, 2021, 11:00 a.m.
"Oh Why Will Ye Die O House of Israel," Ezekiel 33:10-11
Rev. Ronald Davis
-  August 15, 2021, 11:00 a.m.
"A Place Called Heaven"
Philippians 3:17-20
Rev. Ernest Houser
-  August 22, 2021, 11:00 a.m.
"Seeking A Loophole in Love"
Luke 10:25-29
Rev. Brady Bennett
-  August 29, 2021, 11:00 a.m.
"That's Love," 1 John 4:7-11
Rev. Bernard Bell



Happy 52nd Anniversary

Monday, September 6, 2021

**Pastor Emeritus Charles D. and
Mrs. Loraine Twymon**

Pastor Emeritus Twymon and Sister Twymon you have passed the test of time, survived together all these years. Don't stop here. Keep showing the world what marriage means for a devoted Christian.

Hope you find time to look back on all your sweet and most precious memories together.

Warmest wishes to the wonderful two of you on your 52nd anniversary.



How many times in the Old Testament do people cross a body of water on dry ground?

- A. once
- B. twice
- C. three times
- D. four times



Answer: C (See Exodus 14; Joshua 3; 2 Kings 2.)

'THE MOST SEGREGATED HOUR:' ONE WOMAN'S QUEST TO PROMOTE DIALOGUE BETWEEN BLACK AND WHITE CHRISTIANS

Submitted by Maxine Gardner

Latasha Morrison has made it her mission to help Christians of different races talk about racial justice – and maybe even form genuine friendships.

Latasha Morrison was attending a predominantly white evangelical church in Atlanta in 2012 when protests erupted over the murder of [Trayvon Martin](#).

The Black teen's killing by a neighbourhood watch volunteer [rattled](#) Atlanta's Black communities. But when Morrison tried to pray about Martin at a [small group](#) meeting, she received no words of comfort or solidarity from her fellow churchgoers. It was as if they were living in "another world," Morrison told the Guardian.

"You have something like this, that's impacting you, that's making you afraid for your children, for your friends' children, for your relatives, and it's not even a thought to people who say they care, that we're connected, that we're the body of Christ?" Morrison said.

"You're not mourning when I mourn, you're not weeping when I weep?"

It was a turning point in Morrison's life. More than 60 years ago, Martin Luther King [described](#) 11 o'clock on Sunday morning as "one of the most segregated hours... in Christian America."

Morrison saw for herself how segregated America's churches still are – and felt compelled to do something about it.

"[Heaven] is not going to be segregated. So why are we living segregated lives?" she asked.

Morrison founded Be the Bridge (BTB), a non-denominational Christian organization that promotes dialogue about racial justice, in 2016. Through small groups, workshops and curricula, BTB seeks to foster interracial conversations and friendships, particularly between white evangelicals and Christians of color.

The network has expanded significantly since the police killing of [George Floyd](#), whose death last year led to a renewed global reckoning with racial injustices. BTB's Facebook group grew from 30,000 members last spring to nearly [75,000 people](#) today, Morrison said, and her book, ***Be the Bridge: Pursuing God's Heart for Racial Reconciliation***, became a New York Times best-seller.

The non-profit now has more than 2,000 BTB small groups, predominantly based in the US.

"***Be The Bridge*** gave people a place to go," Morrison, 48, said. "People were able to tap into what we were already doing and say, 'Hey, I recognize this for the first time, I can be part of this, I can learn and I can engage.'"

Despite this rapid growth, white supremacy's lingering influence on American [Christianity](#) makes BTB's vision of racial reconciliation a daunting task.

To read the entire article: <https://www.theguardian.com/world/2021/aug/15/be-the-bridge-dialogue-black-white-christians>

COMPULSIVE HOARDING AND MENTAL ILLNESS

Submitted by Gwendolynne Howell



COMPULSIVE HOARDING IS A MENTAL DISORDER

Compulsive hoarding is the excessive collection of items, along with the inability to discard them. This disorder is associated with anxiety and OCD (Obsessive Compulsive Disorder). Hoarding often creates such cramped living conditions that homes may be filled to capacity with only narrow pathways winding through stacks of clutter. As items accumulate over time, they clutter a person's home to the point where living spaces can't be used as intended. Countertops, sinks, stoves, desks, stairways and virtually all other surfaces are usually piled with stuff. And when there's no more room inside, the clutter may spread to the garage, vehicles, yard and other storage facilities. When severe, hoarding can put a person and others in their home in danger. People with symptoms of hoarding may come to the attention of municipal departments, especially police, fire, and local boards of health.

Previously classified as merely a symptom or sub-type of OCD, experts have promoted compulsive hoarding from sub-type to actual disorder. Hoarding Disorder is a mental health condition estimated to affect 2-6% of the adult population in the U.S. Despite its prevalence, very few treatment options are available and accessible to those struggling with the condition. It is important to show sensitivity and not invalidate their feelings by belittling, diminishing, rejecting, judging or ignoring them.

SYMPTOMS/TYPES OF HOARDING:

If you believe you or someone you know may be a compulsive hoarder look for the following symptoms:

- Bought items and collectibles
- Clothing
- Items from garage sales, flea markets, thrift stores, estate sales
- Packing material (boxes, bags, crates, containers)
- Food
- Animals
- Storage units
- Free stuff (by the side of the road)
- Junk mail, newspapers or catalogs
- Keeping shades drawn not allowing visitors or family members in

HELP WITH HOARDING

Consult with a psychologist or health professional who specializes in the scientific study of behavior and its related mental processes. Medications for anxiety and depression may be prescribed.

Source: mayoclinic.org/diseases-conditions/hoarding-disorder/symptoms-causes/syc-20356056

DANCE YOUR WAY TO BETTER HEALTH

Submitted by Wendell Smitherman

If you loved to dance in your youth, but hung up your dancing shoes when the responsibilities of jobs and family life cut into your leisure activities, it's time to put that fancy footwear back on and head to the nearest dance floor. And if you've always wanted to learn to dance, now's the time to sign up for ballroom dances classes.

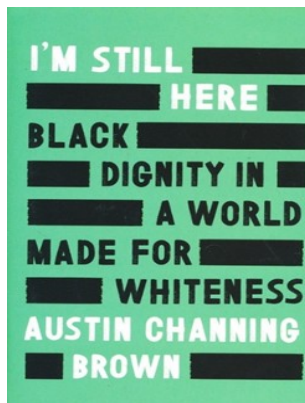
Studies show that dancing, which combines exercise and memorized movements with split second reactions, lowers the odds of dying from heart disease, improves energy and flexibility, helps seniors avoid falls. But its biggest benefits are reserved for the brain: Studies prove that dancing reverses signs of aging in the brain and reduces the risk of dementia.

"The benefits of dancing on the body and brain are truly impressive." Neuroscience expert Patrick Porter, Ph. D, tells Health Radar, "Dancing can help boost cognitive memory and overall function." One of the benefits is learning choreography. That process can help your brain form new neural pathways, which helps your memory in other aspects of your life," said Porter, the creator of BrainTap (braintap.com), a program of guided meditation that reduces stress and increases energy.

Source: Health Radar August 2021

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



From a powerful new voice on racial justice, an eye-opening account of growing up Black, Christian, and female in middle-class white America.

Austin Channing Brown's first encounter with a racialized America came at age 7, when she discovered

her parents named her Austin to deceive future employers into thinking she was a white man. Growing up in majority-white schools, organizations, and churches, Austin writes, "I had to learn what it means to love blackness," a journey that led to a lifetime spent navigating America's racial divide as a writer, speaker and expert who helps organizations practice genuine inclusion.

In a time when nearly all institutions (schools, churches, universities, businesses) claim to value "diversity" in their mission statements, *I'm Still Here* is a powerful account of how and why our actions so often fall short of our words. Austin writes in breathtaking detail about her journey to self-worth and the pitfalls that kill our attempts at racial justice, in stories that bear witness to the complexity of America's social fabric--from Black Cleveland neighborhoods to private schools in the middle-class suburbs, from prison walls to the boardrooms at majority-white organizations.

For readers who have engaged with America's legacy on race through the writing of Ta-Nehisi Coates and Michael Eric Dyson, *I'm Still Here* is an illuminating look at how white, middle-class, Evangelicalism has participated in an era of rising racial hostility, inviting the reader to confront apathy, recognize God's ongoing work in the world, and discover how blackness--if we let it--can save us all. This book is available at Christianbooks.com and Amazon.



Invitation to: *Macedonia Baptist Church Sunday School*

Superintendent of Sunday School: *Rev. Brady Bennett*

Asst. Superintendent of Sunday School: *Rev. Eric Shumate*

The Sunday School classes will be conducting lessons via Zoom for the time being. Additionally, we have identified Sunday School teachers that will provide technical support to access the Zoom classes.

If you have questions on adding the Zoom app to your smartphone, tablet, laptop or desktop computer, or need connectivity issues, feel free to contact our team.

Macedonia Baptist Church Zoom Technical Support Contacts:

Rev. James O'Rear	Adults & Men's Class	Phone: 734-308-0056 Email: jjalo@hotmail.com
Sister Terry Mann	Adult Women's	Phone: 313-801-4765 Email: temaka79@hotmail.com
Brother Michael Moore	Teens & Young Adults	Phone: 313-312-4044 Email: mmore@3lconsulting.info
Sister Mary Ann Windham	Juniors, Beginners & Primaries	Phone: 313-418-8830 Email: maryann.windham@yahoo.com

We invite you, your family, friends and neighbors to join our Sunday School Classes; you will be blessed! All classes are being held onsite and virtually with the exception of the Beginners and Primaries. They are online only.

CLASSES	ZOOM ID'S	PASSWORDS	CLASS TIMES
Adult Men and Women	927 219 5591	4Y06SC	9:30-10:30 AM (ET)
Adult Women	801 855 9447	646902	9:30-10:30 AM (ET)
Teens and Young Adults	314 202 2102	503816	9:30-10:30 AM (ET)
Juniors (10-12 yrs.)	775 4028 7203	7DJiT2	10:00-10:40 AM (ET)
Primaries (7-9 yrs.)	830 6987 0617	primary	10:00-10:55 AM (ET)
Beginners (4-6 yrs.)	246 295 5225	5TykPq	10:00-10:40 AM (ET)

The list of lessons for September 2021 includes the following:

Faith on Trial: Learning God's Holiness

Date	Lesson	Scripture
September 5	Ordination of Aaron and His Sons	Leviticus 8:1-13
September 12	Death of Nadab and Abihu	Leviticus 10:1-7
September 19	The Day of Atonement	Leviticus 16:1-16
September 26	A Blasphemer Stoned	Leviticus 24:10-23



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14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9

