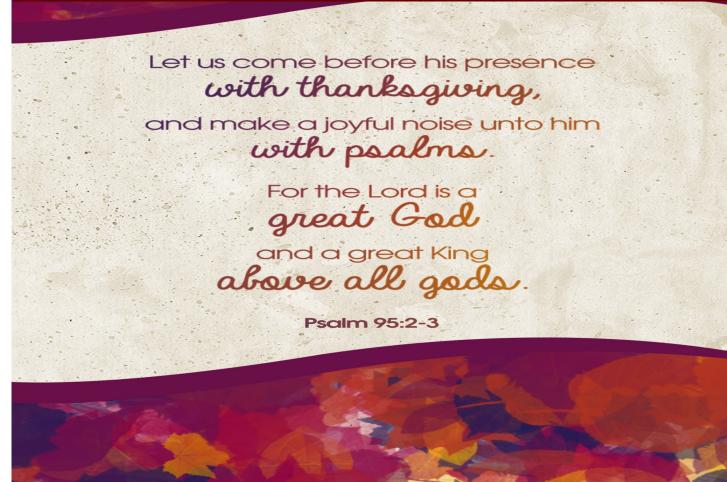


A monthly publication for Members of Macedonia Baptist Church

November 2021

Volume 19 Issue 11

Thanksgiving November 25, 2021



Inside This Issue
Announcements 2
Sermons/Bible Quiz
Best Way (And Wrong Way) To Declutter 4
Extraordinary Talent
O' Give Thanks/MBC Bible & Book Corner6
Invitation to Sunday School

ANNOUNCEMENTS



at **12:00 noon** in the Chapel.

JOIN THE NEWSLETTER

STAFF

We are looking for a new editor for our church newsletter, "Good News." Experience with Microsoft Publisher, desktop publishing and Office 365 is desired.

This is a great way to give back to the church 6-7 hours per month from the comfort of your home. Prior to the pandemic the Newsletter Staff met the 3rd Saturday of each month in the Media Center.

Articles are due by the Thursday prior to the 3rd Saturday. Please contact Gloria Crawford (313) 850-8844 if you are interested in this fun and informative volunteer position or have questions, or send an e-mail to mbcnewsletter@sbcglobal.net. We need someone to start in December 2021 for the January 2022 issue.

2022 MEMBERSHIP REGISTRATION

Registration is extremely important; however, we did not hold a registration in 2021 due to the pandemic. Since our last registration, members have left our church, changed addresses, phone numbers, and in some cases, last names. We must update our records to reflect these changes.

If you value your membership with this church, please make every effort to preserve it. Registration will be held in the Atrium for six weeks beginning Sunday, January 2, 2022, from 9:00 a.m.-1:00 p.m. through Sunday, February 6, 2022. A \$1.00 fee will be assessed to defray the cost of registration.

The By-Laws pertaining to annual registration, Article 1, Section 7, are as follows:

Every member must register in person during the first six (6) weeks of every new year. Provisions will be made for members who are unable to register in person due to illness, military duty, and educational leave.

Any person desiring to register whose name is not found on the current membership list, must offer themselves as a candidate under Article 1, Section 2.

Your failure to register in person by Sunday, February 6, 2022, will indicate that you no longer consider yourself a member of this congregation. The termination of individuals from the church roll will include the



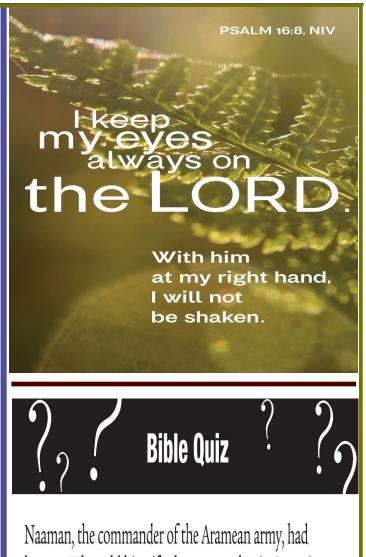
forfeiture of all rights and privileges associated with membership, including weddings and funerals.

SERMONS

CDs and DVDs are available through the Audio Ministry. Visit **www.mbcdet.com/media** or via the **MBCDET app** to listen to archived sermons.

- October 3, 2021, 11:00 a.m.
 "The Collateral Beauty of God's Comfort," 2 Corinthians 1:3-12 Rev. Eric Shumate
- October 10, 2021, 11:00 a.m.
 "You Can Always Get Help When You Need It," Hebrews 4:14-16 Rev. Ronald Davis
- October 17, 2021, 11:00 a.m.
 "Give Credit, Where Credit Is Due" Psalm 30:4
 Dr. Aaron Chapman, Pastor Dedicated To Christ Church Ecorse, Michigan
- October 24, 2021, 11:00 a.m.
 "A Kept Church," Psalm 121:5 Rev. Terry Minor, Assistant Pastor
- October 31, 2021, 11:00 a.m.
 "There Is A Way Out"
 I Corinthians 10:13
 Rev. Ryan Jackson
 Mt. Zion Baptist Church
 Kalamazoo, Michigan





leprosy. Who told his wife about a prophet in Samaria who might be able to cure Naaman? And who was that prophet?

- A. the king of Aram; Elijah
- B. Naaman's wife's sister; Isaiah
- C. an Israelite servant girl; Elisha
- D. a visiting emissary from Israel; Jeremiah



Answer: C (See 2 Kings 5:2-3, 8-10.)

November 2021

BEST WAY (AND WRONG WAY) TO DECLUTTER

Submitted by Gwendolynne Howell

The holidays are fast approaching. Now is the time to start thinking about downsizing and decluttering! Following is some information that might help you with that task:

The recent trend away from over-consumption and the popularity of simple living—think tiny houses—raise the question of how people can best go about downsizing and decluttering.

Penn State University professor of marketing and business administration Lisa E. Bolton and two colleagues decided to try to find out. Their research turned conventional wisdom on its head, indicating most people go about the process the wrong way. This interview has been edited for space and clarity.

Q: You and two colleagues published research late last year on decluttering. What got you interested in the subject?

A: I was visiting a friend and found a book by Japanese organizing consultant, Marie Kondo on her shelf. I couldn't imagine doing some of the things she suggested. Marie Kondo has these five steps she talks about—*keeping things that only spark joy and so on*. I was struggling with whether that would really work. We went out and talked to a professional organizer for her thoughts and tried to devise research on the best way to downsize and declutter.

Q: What was the answer? Could you sum up what you concluded?

A: One of the things that particularly interested us is whether you need to tidy up first. It's a lot of work to tidy, and if you have to organize before you get rid of things you might not get to the declutter step. The bottom line is our research suggests it's best to select from disorder. Keep things messy and choose what to keep from the messy items. <u>We call it selecting from disorder</u>.

Q: Why is that the best approach?

A: The lay belief is quite the opposite—you should reject from order—(meaning) **choose what to get rid of from tidy items**. Let's imagine I tidy clothes in my closet and have all the black together, etc. When you try to make choices from like items, it becomes hard. The comparisons you make when things are ordered increases your tendency to retain them. We had an interesting time coming up with studies to examine this because we needed people to downsize items they own. We surveyed people who downsized, and they described what they did.

In another study, we set up a pantry and had them downsize the pantry. Pantries were organized or disorganized. We (also) actually had people downsize a closet in their homes, so we tried to look at a number of ways people would be downsizing.

Turns out being organized means you are going to retain more.

Q: What was the most interesting thing you learned?

A: It was what people thought would work was the opposite of what seemed to work. So people were going about it the wrong way. Our gut instincts work against us when it comes to downsizing.

I have a lot of books. I go through the shelves and pick out a few things to get rid of, which does me no good. The pile is small. The way to go about it would be to take all the books off the shelf and pick the ones you want to keep. Same thing with your closet.

Source: The Detroit News, 9/17/2021. Article by Patricia Sabatini, Pittsburgh Post-Gazette

Once you have decluttered or downsized, consider honoring our veterans by having your items picked up by:

Vietnam Veterans of America. Call 1-800-775-8387 or schedule online at <u>www.scheduleapickup</u>. They need clothing, shoes, bedding items, draperies and curtains, housewares and glassware, jewelry and cosmetics, toys and games, bikes, small furniture, tools, small appliances. NO TV'S OR COMPUTER MONITORS. They will leave a tax receipt for your donations.

EXTRAORDINARY TALENT

Submitted by Maxine Gardner

Twin sisters achieve exceedingly rare feat



NEW ORLEANS – After graduating from Xavier University with a 4.0 average in both chemistry and pre-med, Asia Matthew went looking to beat the odds. She wanted to enroll at the prestigious University of Massachusetts Medical School in a selective, eight-year program where you concurrently earn a PHD and MD.

It's a rigorous program where you earn the doctor's degree simultaneously with a PHD in biomedical research.

However, only the best get in. Hundreds apply and the school annually interviews only 40. From that group, between seven and ten are chosen.

"I was nervous," she admitted. "It's hard not to be. This is the one thing that I've wanted for a long time and when you see it almost at your fingertips, you don't want to do anything to let it slip."

Asia beat the odds and got accepted, a great coup for her and Xavier. But Asia isn't making the journey on her own. Her twin sister Ashley is going too.

They're identical twins and were dealing with the idea that they'd be separated for the first time in their lives.

"I was ecstatic," said Ashley. "My sister and I were jumping up and down and we fell over and ended up tripping each other because we were so happy. We didn't think it would happen and it did."

Not as surprised was Dr. Terry Watt – their professor and mentor – who saw their skills, work habits and motivation firsthand.

"It's exceedingly difficult to get into an MD/PHD program and the odds that both of them would get in anywhere were extremely low," he said. "We're all very proud of them for the effort they put in to do it. It's well-deserved."

Two sisters from the same school getting two of the handful of spots that were open, and, to top it off, they both are going on full scholarship.

Their plans for the long run, are to give back with their patients and their research.

"I want to be able to see my patients," said Ashely. "But, I also want to be able to go into the lab and make influential progress that's going to help my patients in the long run."

Someday they also hope to open a hospital for the less fortunate.

"Just to open up a hospital that would be dedicated towards that – that should be anybody's goal," said Asia.

Source: https://www.umassmed.edu/news/news-archives/2012/10/excellence-times-two-matthew-twins-featured

O' GIVE THANKS

By Wendell Smitherman

I Thank Ms. Vivian Williams who was my first teacher. She taught first, second and third grade in one room. She never complained about too many students like the teachers of today who have 25 to 30 students in one class and with many of the modern aids.

There also was one teacher for fourth, fifth and sixth grades in one room. When we got to the seventh grade we thought we had arrived. We got a chance to pass from one classroom to another.

I thank my mother and my grandmother for washing, patching, starching and ironing my ragged jeans. Although I hate I didn't keep those old ragged jeans, I could make a fortune selling them to these stupid consumers today. Or maybe I'm the stupid one? But I just can't see why someone would want to purchase and wear ragged jeans.

I also want to thank my mother for speaking up on my behalf to get my first paper route. My Dad said he didn't want to be responsible for paying my bill. Well, I ended up delivering the Charleston Gazette in the morning, the Welch Dailey News in the evening and I sold the Chicago Defender once a month. I remember I had saved up 5, 20-dollar bills. I went to the Post Office and traded my 5 twenties for a one hundred dollar bill. I was bragging about it and showed it to my mother. That was a big mistake. She told my father about my hundred-dollar bill. My dad borrowed it and never paid it back. I was 11 or 12 years old at the time.

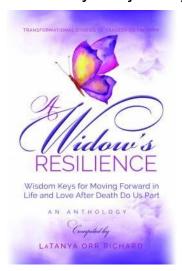
I thank my wife for inviting me to Macedonia's picnic in August of 1998. I enjoyed meeting and talking with the people. They all seemed friendly. I started visiting the church. At that time Macedonia would give a gift to visitors. After visiting for approximately a year I felt guilty about getting all those gifts and joined.

I thank Sister Gwendolynne Howell for teaching me Excel when I was active with the men's ministry. I could print out a report with every dollar received, spent with complete details. I remember someone telling me just give the bottom line.

I thank Pastor Emeritus Charles D. Twymon for his 41 years of leadership of Macedonia and my pastor for 22 years. I enjoyed him for 22 years. When he retired, I told him I was a little disappointed but I understood.

Since he retired, there are some things that I'm not pleased with. However, I will wait and see how these things work out with the new pastor.

MACEDONIA BIBLE & BOOK CORNER Submitted by Sonja Gray



Our very own Sister Wilma Parham has written a section in *A Widow's Resilience-Changeless Love*. This uplifting tell-all book shares the very transparent, personal stories of tragedy to triumph with others who have loved and lost. "*A Widow's Resilience: Wisdom Keys for Moving Forward in Life and Love after Death Do Us Part,*" *complied* by LaTanya Orr Richard, serves as a fountain of strength in the valley of despair. It is a book by Women for Women. Those who read these pages may be inspired to transform to courageously move forward in faith, life and love with intention of purpose.

The Widow's Resilience is available for purchase. Contact Wilma Parham or come to the Bible and Book Corner.





Invitation to: Macedonía Baptíst Church Sunday School

Superintendent of Sunday School: Rev. Brady Bennett

Asst. Superintendent of Sunday School: Rev. Eric Shumate

The Sunday School classes will be conducting lessons via Zoom for the time being. Additionally, we have identified Sunday School teachers that will provide technical support to access the Zoom classes.

If you have questions on adding the Zoom app to your smartphone, tablet, laptop or desktop computer, or need connectivity issues, feel free to contact our team.

Macedonia Baptist Church Zoom Technical Support Contacts:					
Rev. James O'Rear	Adults & Men's Class	Phone: 734-308-0056 Email: <u>jjalo@hotmail.com</u>			
Sister Terry Mann	Adult Women's	Phone: 313-801-4765 Email: <u>temaka79@hotmail.com</u>			
Brother Michael Moore	Teens & Young Adults	Phone: 313-312-4044 Email: <u>mmore@3lconsulting.info</u>			
Sister Mary Ann Windham	Juniors, Beginners & Primaries	Phone: 313-418-8830 Email: <u>maryann.windham@yahoo.com</u>			

We invite you, your family, friends and neighbors to join our Sunday School Classes; you will be blessed! All classes are being held onsite and virtually with the exception of the Beginners and Primaries. They are online only.

CLASSES	ZOOM ID'S	PASSWORDS	CLASS TIMES
Adult Men and Women	927 219 5591	4Y06SC	9:30-10:30 AM (ET)
Adult Women	801 855 9447	646902	9:30-10:30 AM (ET)
Teens and Young Adults	314 202 2102	503816	9:30-10:30 AM (ET)
Juniors (10-12 yrs.)	775 4028 7203	7DJiT2	10:00-10:40 AM (ET)
Primaries (7-9 yrs.)	830 6987 0617	primary	10:00-10:55 AM (ET)
Beginners (4-6 yrs.)	246 295 5225	5TykPq	10:00-10:40 AM (ET)

The list of lessons for November 2021 includes the following:

Faith on Trial: Taking God Seriously

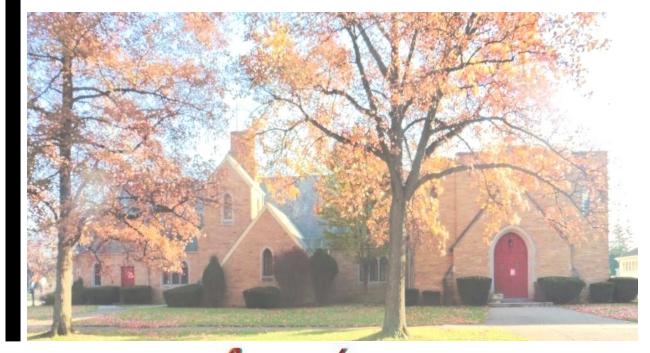
·				
Date	Lesson	Scripture		
October 31	Rebellion of the People	Numbers 14:1-12		
November 7	Moses' Prayer and God's Answer Numbers 14:13-24			
November 14	Korah's Rebellion	Numbers 16:1-14		
November 21	Judgment on the Rebellion	Numbers 16:23-35		
November 28	Water from the Rock	Numbers 20:1-13		



Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9



www.mbcdet.com

