



Good News

Macedonia Baptist Church

14221 Southfield Road
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www.mbcdet.com

A monthly publication for Members of Macedonia Baptist Church

Volume 20 Issue 01

January 2022

Happy New Year

O SING UNTO THE LORD
a new song;
FOR HE HATH DONE
marvelous things.

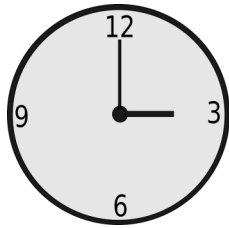
PSALM 98:1, KJV

Inside This Issue

Announcements.....	2
Sermons/Bible Quiz/A Prayer for the New Year.....	3
Biblical Resolutions/ Cartoon.....	4
Learning Timelessness/Be of Good Cheer/Healthy Resolutions.....	5
Perfect Air Purifying Plants/Poinsettia Plants/MBC Bible & Book Corner/Fine Teachers.....	6
Invitation to Sunday School/Millennial Sunday School	7

ANNOUNCEMENTS

Church Office Hours
Monday-Friday
9 am Until...



PRAYER SERVICE
is held every
Wednesday at
12:00 noon in the
Chapel.

Millennial Sunday School for Teens & Young Adults 9:30-10:30 In Person—Meet in the MBC Parlor

JOIN THE NEWSLETTER

STAFF

Please welcome our new editor, Sister Wilma Parham. In addition, we are seeking members to submit articles, participate in editing or provide layout assistance on our church newsletter, "Good News." Working knowledge of desktop publishing and Office 365 is desired.

This is an excellent way to contribute to the church a couple of hours each month. Prior to the pandemic, the Newsletter Staff met the 3rd Saturday of each month in the Media Center.

Articles are due by the Thursday prior to the 3rd Saturday. If you are interested in this fun and informative volunteer opportunity or have questions, please send an e-mail to mbcnewsletter@sbcglobal.net.

2022 MEMBERSHIP REGISTRATION

Registration is extremely important; however, we did not hold a registration in 2021 due to the pandemic. Since our last registration, members have left our church, changed addresses, phone numbers, and in some cases, last names. We must update our records to reflect these changes.

If you value your membership with this church, please make every effort to preserve it. Registration will be held in the Atrium for six weeks beginning Sunday, January 2, 2022, from 9:00 a.m.-1:00 p.m. through Sunday, February 6, 2022. A \$1.00 fee will be assessed to defray the cost of registration.

The By-Laws pertaining to annual registration, Article 1, Section 7, are as follows:

Every member must register in person during the first six (6) weeks of every new year. Provisions will be made for members who are unable to register in person due to illness, military duty, and educational leave.

Any person desiring to register whose name is not found on the current membership list, must offer themselves as a candidate under Article 1, Section 2.

Your failure to register in person by Sunday, February 6, 2022, will indicate that you no longer consider yourself a member of this congregation. The termination of individuals from the church roll will include the forfeiture of all rights and privileges associated with membership, including weddings and funerals.



SERMONS

CDs and DVDs are available through the Audio Ministry. Visit www.mbcdet.com/media or via the **MBCD** app to listen to archived sermons.

-  December 5, 2021, 11:00 a.m.
"Just A Little While ," 1 Peter 5:8-11
Rev. Eric Shumate
-  December 12, 2021, 11:00 a.m.
"Let God Handle It" 2 Kings 19:2-7
Rev. Ronald Davis
-  December 19, 2021, 11:00 a.m.
"Another Gift"
Pastor Claude May, Oasis of Hope
-  December 26, 2021, 11:00 a.m.
"Because of Jesus" Acts 4:8-12
Rev. Clifford Register



We love our church!



A Prayer for the New Year


Submitted by the Missionary Society

How much effort did you put forth to win someone to Christ this year? You know, every Christian should be a Missionary. We're praying that all of us will make an effort to get someone saved between now and the end of 2022. Think about a loved one, a family member or close friend who may have succumbed to the dreadful COVID-19. Did you worry afterward whether they were saved? Did you ever witness to them or share your testimony of faith? It's too late after they are gone. Make a sacrifice in this new year and spend some time sharing the Gospel with family members, friends, and acquaintances. Share your testimony and invite them to come to church with you or to visit via live stream. The Gospel is preached every Sunday here at Macedonia even while we are in search of a Pastor.

?? ? Bible Quiz ? ? ?

After Sarah died, Abraham remarried. What was his second wife's name?

- A. Miriam
- B. Keturah
- C. Bathsheba
- D. Tamar



Answer: B (See Genesis 25:1.)

BIBLICAL RESOLUTIONS

HOLD FIRMLY TO YOUR FAITH
(Hebrews 4:14)

ASSEMBLE WITH THE SAINTS
(Hebrews 10:25)

PRAY AND SEEK GOD EARNESTLY
(1 Thessalonians 5:17-18)

PETITION FOR GOD'S BLESSINGS
(Malachi 3:10)

YIELD NOT TO TEMPTATION
(1Thessalonians 5:22)

**NOTICE OPPORTUNITIES TO SERVE
OTHERS**
(Galatians 6:10)

EXAMINE YOURSELF DAILY
(2 Corinthians 13:5)

WORK DILIGENTLY FOR THE LORD
(1 Corinthians 15:58)

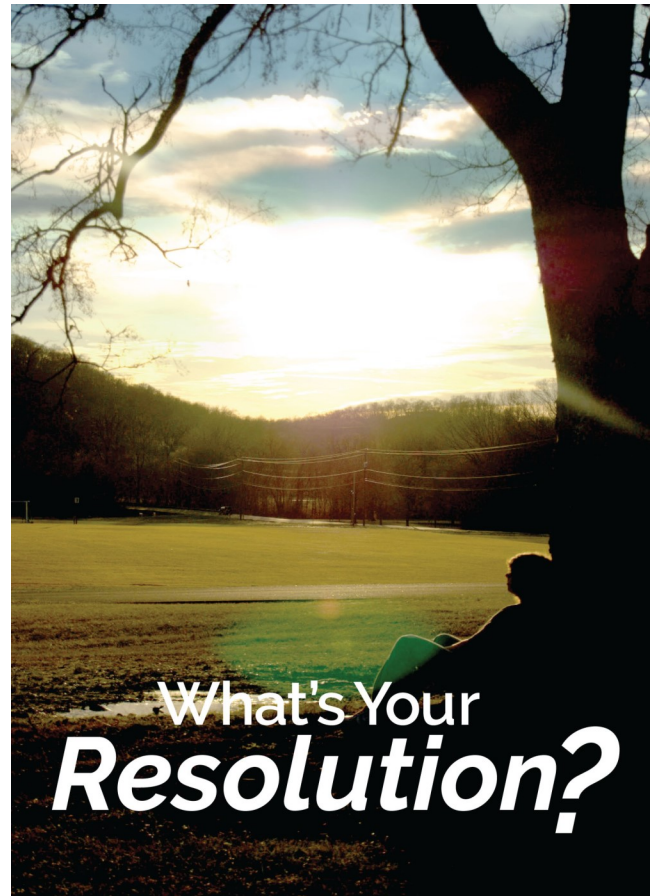
YEARN FOR RIGHTEOUSNESS
(Matthew 5:6)

EXERCISE GODLINESS
(1 Timothy 4:7)

AIM FOR SINLESS PERFECTION
(Hebrews 6:1)

REDEEM THE TIME, LIVING WISELY
(Ephesians 5:15-16)

Gus Nichols (adapted)



Learning Timelessness

We tend to think of our lives in terms of past, present, and future. Therefore, we easily become time-bound, living under the restrictions of clocks, calendars and seasons.

The concern of the truly spiritual person, however is the “now” - that suspension of the flow of hours, days and years. God, who isn’t time-bound, breaks in upon our lives, and we sense, however distantly, the eternal. And we’re refreshed, healed and lifted up.

The experience of the eternal may happen any time, even amid distraction. But the witness of the mystics is that it most frequently occurs in the time of quiet abandonment in prayer. As we grow spiritually, we become less time-bound and discover that the God of grace isn’t limited to passage of the hours, days, and years.

Source: NewsletterNewsletter.com

Be of Good Cheer

Near the end of every January, stories circulate about “Blue Monday,” supposedly the year’s most depressing day. Factors include broken New Years resolutions, Christmas debts and cold weather. But this phenomenon actually originated as a PR gimmick. U.K. marketers invented Blue Monday as “the best day to book a summer holiday,” and a psychologist they enlisted to help later admitted the saddest-seeming day became a self-fulfilling prophecy.

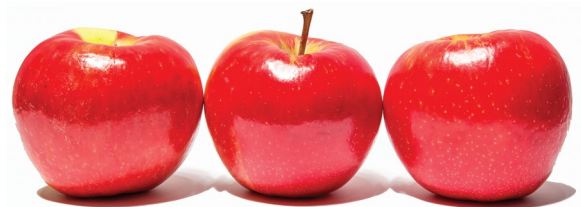
January may lack the excitement of December, but it doesn’t have to be a letdown. Christmas over, but Jesus isn’t! No matter the season of the year or our season of life, Christians always have reason for joy: God’s promises of forgiveness and eternal victory. As Jesus says in John 16:33, “In the world ye shall have tribulation: but be of good cheer; I have overcome the world” (KJV).

Source: NewsletterNewsletter.com

23 Healthy New Year's Resolutions You Can Actually Keep

- Eat more whole foods. ...
- Sit less and move more. ...
- Cut back on sweetened beverages. ...
- Get more quality sleep. ...
- Find a physical activity that you enjoy. ...
- Take more 'me time' and practice self-care.
- Cook more meals at home. ...
- Spend more time outside.
- Limit screen time
- Try Meditation
- Rely less on convenience
- Rethink dieting
- Go grocery shopping regularly
- Use healthier household products
- Add more produce to your diet
- Cut back on alcohol
- Be more present
- Take a vacation
- Try a new hobby
- Stop negative body talk
- Visit your doctor
- Take care of your teeth
- Create a sustainable, nourishing diet

Written by Jillian Kubala, MS, RD, - Medically reviewed by Katherine Marengo, LDN, R.D., Nutrition



Healthy Resolutions

THE PERFECT AIR PURIFYING PLANTS FOR YOUR SPACE

Submitted by
Wendell Smitherman

Indoor plants are pretty awesome. They boost our productivity, reduce stress and fatigue, add life to otherwise bland living spaces, reduce noise level and even improve the air quality in our homes.

While everyone should know that plants turn carbon dioxide into oxygen during the process of photosynthesis, you may not be aware that they also have the ability to filter dust particles and harmful toxins out of the air we breathe.

If you want to naturally improve the air quality in your home, stimulate your mental health and add pretty décor, a houseplant (<https://ftd.com/plants/bestsellers>) is your new best friend. Find out what kind of air pollutants indoor plants can remove, how to decorate any space with pretty greenery, and what plants are the perfect fit for your personal lifestyle.

Poinsettia Plants Can Thrive Throughout the Winter Months

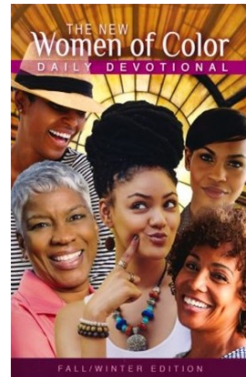
This means you don't have to get rid of them right after Christmas. With the proper care, you can maintain your plants well into February or March. Below are some quick tips on how to care for a poinsettia:

- **Place in a well-lit area.** If you can arrange your poinsettias in an east-facing window to take advantage of the morning sun and indirect light throughout the afternoon and evening, this will be best.
- **Water regularly in a pot with good drainage.** Poinsettias tend to need frequent watering whenever the soil feels dry or the leaves start to wilt. Be sure any excess water can drain out the base of the pot to avoid root rot.
- **Maintain warmer temperatures through winter.** Since poinsettias are originally tropical plants, they need indoor temperatures between 65 and 75 degrees to thrive. You can also lightly mist the leaves each day to keep them vibrant and fresh.

Source: NewsletterNewsletter.com

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



Gaining wisdom is essential for growth in life! *The New Women of Color Daily Devotional* book provides wisdom and gives the reader strength and encouragement to deal with the toils and troubles and the ups and downs of everyday life as a woman of color. Modern day stories and keen insights make reading *The New Women of Color Daily*

Devotional book fun and fulfilling. Applications and prayers provide insight and reveal God's plan for your life in a variety of situations and circumstances.

The daily devotional contains devotions, one for every day of the work-week. Everyday there is something powerful and positive to digest on your commute to and from work, your lunch break, or during your private devotional time. Share this powerful devotional tool with a sister, girlfriend or co-worker who might need some inspiration and encouragement! We currently have a limited amount of Fall/Winter, Spring and Summer Books in the MBC Bible and Book Corner.



Teachers are indeed worth cherishing, whether they hold classes in churches or public schools, on Sundays or on weekdays. Let us honor and appreciate all teachers, all year long, especially our teachers here at Macedonia. Thank you for preparing lessons with care, for going above and beyond to meet each student's needs, and for sparking curiosity about God and everything he created. You are a blessing!

Excerpt from: NewsletterNewsletter.com



Invitation to: *Macedonia Baptist Church Sunday School*

Superintendent of Sunday School: *Rev. Brady Bennett*

Asst. Superintendent of Sunday School: *Rev. Eric Shumate*

The Sunday School classes will be conducting lessons via Zoom for the time being. Additionally, we have identified Sunday School teachers that will provide technical support to access the Zoom classes.

Macedonia Baptist Church Zoom Technical Support Contacts:

Rev. James O' Rear	Adults & Men's Class	Phone: 734-308-0056 Email: jjalo@hotmail.com
Sister Terry Mann	Adult Women's	Phone: 313-801-4765 Email: temaka79@hotmail.com
Brother Michael Moore	Teens & Young Adults	Phone: 313-312-4044 Email: mmore@3lconsulting.info
Sister Mary Ann Windham	Juniors, Beginners & Primaries	Phone: 313-418-8830 Email: maryann.windham@yahoo.com

We invite you, your family, friends and neighbors to join our Sunday School Classes; you will be blessed! All classes are being held onsite and virtually with the exception of the Beginners and Primaries. They are online only.

CLASSES	ZOOM ID'S	PASSWORDS	CLASS TIMES
Adult Men and Women	927 219 5591	4Y06SC	9:30-10:30 AM (ET)
Adult Women	801 855 9447	646902	9:30-10:30 AM (ET)
Millennial Sunday School for Teens and Young Adults	314 202 2102	503816	9:30-10:30 AM (ET)
Juniors (10-12 yrs.)	775 4028 7203	7DJiT2	10:00-10:40 AM (ET)
Primaries (7-9 yrs.)	830 6987 0617	primary	10:00-10:55 AM (ET)
Beginners (4-6 yrs.)	246 295 5225	5TykPq	10:00-10:40 AM (ET)

The list of lessons for January 2022 includes the following:

Date	Lesson	Scripture
January 2	The Way, the Truth, and the Life	John 14:1-11
January 9	Abide in the True Vine	John 15:1-8
January 16	Peace and Trouble	John 16:19-33
January 23	Jesus' Prayer for His Disciples	John 17:6-9
January 30	Jesus' Arrest	John 18:1-13



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14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9

