



Good News

Macedonia Baptist Church

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A monthly publication for Members of Macedonia Baptist Church

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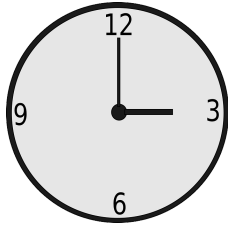
COME
Worship
WITH US!

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ANNOUNCEMENTS

Church Office Hours
Monday- Friday
9 am Until...



PRAYER SERVICE
is held every
Wednesday at
12:00 noon in the
Chapel.



Millennial Sunday School for Teens & Young Adults 9:30-10:30 In Person—Meet in the MBC Parlor

JOIN THE NEWSLETTER

STAFF

We are seeking members to submit articles, participate in editing or provide layout assistance on our church newsletter, "Good News." Working knowledge of desktop publishing and Office 365 is desired.

This is an excellent way to contribute to the church a couple of hours each month. Prior to the pandemic, the Newsletter Staff met the 3rd Saturday of each month in the Media Center.

Articles are due by the Thursday prior to the 3rd Saturday. If you are interested in this fun and informative volunteer opportunity or have questions, please send an e-mail to mbcnewsletter@sbcglobal.net.



Business Meeting March 13, 2022

March is an important month here at Macedonia as we prepare to cast our vote for the Pastor God has chosen.

Announcements and instructions regarding the voting process will be forthcoming at our Church Business Meeting on March 13, 2022, to be held immediately following our 11:00 a.m. Worship Service. Please try to be present for this very important meeting!



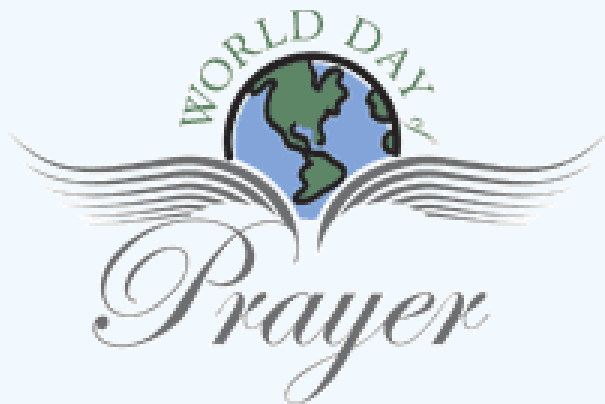
MARCH 13, 2022

SERMONS

CDs and DVDs are available through the Audio Ministry. Visit www.mbcdet.com/media or via the **MBCDET app** to listen to archived sermons.

-  February 6, 2022, 11:00 a.m.
"The New Normal"
2 Corinthians 4:1-7
Rev. Charles Twymon, Pastor Emeritus
-  February 13, 2022, 11:00 a.m.
"All Things Work Together for Good"
Romans 8:28
Rev. Raymond Willis, Pastor
Victory Fellowship Baptist Church
-  February 20, 2022, 11:00 a.m.
"Don't Flirt With Sin"
Judges 16:18-24
Rev. James Jones, Pastor
First Glory Missionary Baptist Church
-  February 27, 2022, 11:00 a.m.
"The Only Thing That Matters is Knowing Jesus" (For Yourself)
Philippians 3:1-11
Rev. Ronald Davis

Remember: March 4, 2022



We would like to sincerely thank all of our Pastoral Candidates who entered into the challenge of trying out for the position of Pastor here at Macedonia. We were blessed by each of you. Your inspiring sermons and words of wisdom and knowledge make it difficult as far as casting just **one** vote. We all know that no one can ever replace our beloved Pastor, Charles Twymon, but we do need an Undershepherd. Now, we stand together in our faith, prayerfully seeking the guidance of the Holy Spirit, who already knows what the outcome is. We trust that the kindness and respect shown by our Macedonia Staff and members, will leave a positive imprint on the hearts of all of the candidates.



The first class entitled "Training for Service" will begin on Tuesday, March 22, 2022 from 7:00 p.m. until 8:00 p.m. All are invited to attend. A sign-up sheet is available across from the Courtesy Desk. The classes will be held virtually through Zoom.

If you need assistance with how to navigate Zoom, training courses and materials can be provided. If you attended the class prior to the pandemic, please bring your book. Please see Rev. Eric Shumate or Rev. Brady Bennett if you have questions, or for further information.

Want A Better Memory? Use Pen and Paper

Submitted by Wendell Smitherman

If you want a better memory, write on paper rather than on a tablet or smart phone, says a study published in: *Frontiers in Behavioral Neuroscience*. **The physical act of writing engages more brain activity which helps when you try to recall the information later.** “Actually, paper is more advanced and useful compared to electronic documents because paper contains more one-of-a-kind information for stronger memory recall”, said neuroscientist Kuniyoshi L. Sakai. Volunteers who used paper had more brain activity in areas associated with language, imaginary visualization, and also in the hippocampus - an area important for memory. In addition to remembering the material better, volunteers who used paper completed a note-taking task 25 percent faster than those who used digital tablets or smart phones.

Source Health Radar, September 2021



Wounded Healers

“Nobody escapes being wounded,” writes Henri Nouwen. “We all are wounded people, whether physically, emotionally, mentally or spiritually. The main question is not ‘How can we hide our wounds?’ so we don’t have to be embarrassed, but ‘How can we put our woundedness in the service of others?’ When our wounds cease to be a source of shame, and become a source of healing, we have become wounded healers.” He continues, “Jesus is God’s wounded healer: through his wounds we are healed. Jesus’ suffering and death brought joy and life. His humiliation brought glory; his rejection brought a community of love. As followers of Jesus, we can also allow our wounds to bring healing to others.”

How might viewing Jesus as a wounded healer affect your relationship with him? What roles have wounds and healing played in your own faith life? How can you minister to other people from a place of brokenness?


Praise be to our unblemished Lamb, the perfect stain remover!

Source: Newsletternewsletter.com

?? ? Bible Quiz ? ?

Naaman, the commander of the Aramean army, had leprosy. Who told his wife about a prophet in Samaria who might be able to cure Naaman? And who was that prophet?

- A. the king of Aram; Elijah
- B. Naaman’s wife’s sister; Isaiah
- C. an Israelite servant girl; Elisha
- D. a visiting emissary from Israel; Jeremiah



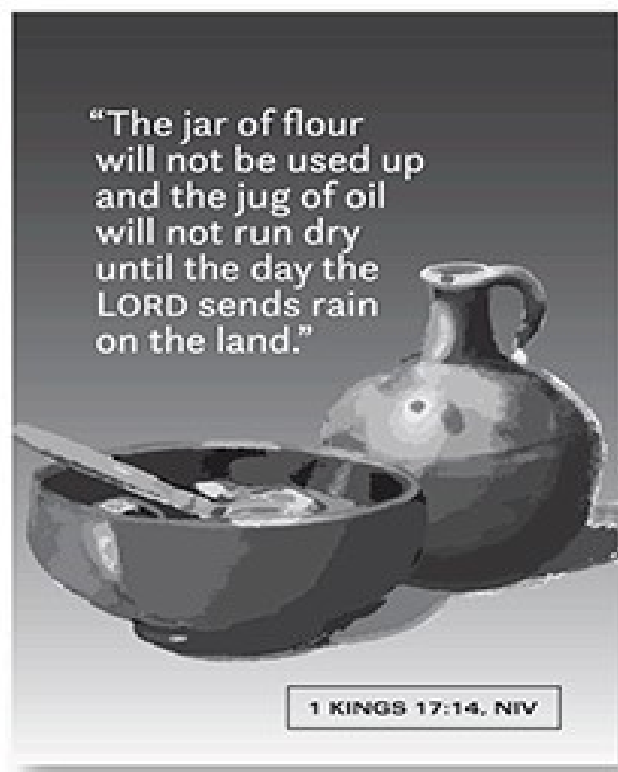
Answer: C (See 2 Kings 5:2-3, 8-10.)

Our Stain Remover

From sanitizers and soaps to solutions and sprays, many products promise to eliminate germs and grime. Unfortunately, they often fall short. Just think how many items in your closet or kitchen have been ruined by stubborn stains.

What if we were that concerned about ridding our lives and hearts of sin? What if we spent as much time confessing and repenting as scrubbing and laundering? The good news is that with one “application” (the cross), Jesus makes us “whiter than snow” (Psalm 51:7). Praise be to our unblemished Lamb, the perfect stain remover!

Source: Newsletternewsletter.com



Staying Fed



“How sweet are your words to my taste, sweeter than honey to my mouth!”

(Psalm 119:103, NRSV)

Recently I was confronted with this question: ***If you fed yourself with food the way you feed yourself with God’s Word, would you still be alive?*** It gave me pause.

Do I eat *enough* spiritually? — feast regularly enough on Scripture to keep up my energy and the health of my soul? Do I eat *nutritiously*? — take in a balanced meal of law and gospel, comfort and commandments, prophecy and promise? Do I pass up spiritual *junk food*? — set aside empty calories that lead to disease, in order to hunger for what truly gives life? Do I drink enough *Living Water* to avoid faith dehydration? And once in a while, do I *splurge on dessert*? — savor the sweetness and joy of belonging at God’s table?

What abundance God sets before us. May we never skip a “meal”!

—Heidi Mann

HELP FOR CAREGIVERS

Submitted by Wilma Parham

The National Alliance for Caregiving partners with other caregiving associations and groups to provide additional resources to help family caregivers address and cope with the challenges of caring for a loved one.

National Family Caregiver Support Program

<https://www.acl.gov/programs/support-caregivers/national-family-caregiver-support-program>

The National Family Caregiver Support Program (NFCSP), established in 2000, provides grants to States and Territories, based on their share of the population aged 70 and over, to fund a range of supports that assist family and informal caregivers to care for their loved ones at home for as long as possible.

Eldercare Locator

<https://eldercare.acl.gov/Public/Index.aspx>

Are you a family caregiver in need of information or assistance? Are you interested in learning more about the programs and services that may be of assistance to you or your loved one? The Eldercare Locator, a public service of the U.S. Administration on Aging, is the first step to finding resources for older adults in any U.S. community. Just one phone call or Website visit provides an instant connection to resources that enable older persons to live independently in their communities. The service links those who need assistance with the state and local area agencies on aging and community-based organizations that serve older adults and their caregivers.

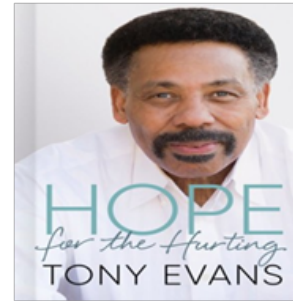
Next Step in Care

<http://www.nextstepincare.org>

Next Step in care provides easy-to-use guides to help family caregivers and health care providers work closely together to plan and implement safe and smooth transitions for chronically or seriously ill patients.

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



God doesn't promise freedom from suffering. Instead, he assures us he'll always walk with us. Tony Evans understands this "tough love" first-hand – in less than two years' time, he lost his wife, father, brother, sister, brother-in-law, and two nieces, and watched both his daughters receive cancer diagnoses. So, he speaks from personal experience when he declares *there is hope in Jesus!*

This book is available on the Christian Books website at: www.christianbooks.com

Lotsa Helping Hands

www.lotsahelpinghands.com

Lotsa Helping Hands is a free caregiving coordination web service that provides a private, group calendar where tasks for which a caregiver needs assistance can be posted. Family and friends may visit the site and sign up online for a task. The website generates a summary report showing who has volunteered for which tasks and which tasks remain unassigned. The site tracks each task and notification and reminder emails are sent to the appropriate parties.



Invitation to: *Macedonia Baptist Church Sunday School*

Superintendent of Sunday School: *Rev. Brady Bennett*

Asst. Superintendent of Sunday School: *Rev. Eric Shumate*

The Sunday School classes will be conducting lessons via Zoom for the time being. Additionally, we have identified Sunday School teachers that will provide technical support to access the Zoom classes.

Macedonia Baptist Church Zoom Technical Support Contacts:

Rev. James O' Rear	Adults & Men's Class	Phone: 734-308-0056 Email: jjalo@hotmail.com
Sister Terry Mann	Adult Women's	Phone: 313-801-4765 Email: temaka79@hotmail.com
Brother Michael Moore	Teens & Young Adults	Phone: 313-312-4044
Sister Mary Ann Windham	Juniors, Beginners & Primaries	Phone: 313-418-8830 Email: maryann.windham@yahoo.com

We invite you, your family, friends and neighbors to join our Sunday School Classes; you will be blessed! All classes are being held onsite and virtually with the exception of the Beginners and Primaries. They are online only.

CLASSES	ZOOM ID'S	PASSWORDS	CLASS TIMES
Adult Men and Women	927 219 5591	4Y06SC	9:30-10:30 AM (ET)
Adult Women	801 855 9447	646902	9:30-10:30 AM (ET)
Millennial Sunday School for Teens and Young Adults	314 202 2102	503816	9:30-10:30 AM (ET)
Juniors (10-12 yrs.)	775 4028 7203	7DJiT2	10:00-10:40 AM (ET)
Primaries (7-9 yrs.)	830 6987 0617	primary	10:00-10:55 AM (ET)
Beginners (4-6 yrs.)	246 295 5225	5TykPq	10:00-10:40 AM (ET)

The list of lessons for March 2022 includes the following:

DATE	LESSON	SCRIPTURE
March 6	Divisions in Corinth	1 Corinthians 1:1-16
March 13	True Wisdom	1 Corinthians 1:17-31
March 20	Christ—Our Only Foundation	1 Corinthians 3:10-23
March 27	Members of Christ	1 Corinthians 6:12-20



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14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9



MARCH 2022