

Good News

Macedonia Baptist Church

14221 Southfield Road Detroit, Michigan 48223 313-837-5040 www.mbcdet.com

A monthly publication for Members of Macedonia Baptist Church

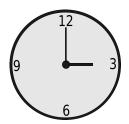
Volume 20 Issue 04 April 2022



Inside This Issue			
Announcements			
Sermons/A Dose of Humor/Life & Light			
Why Christ Calls Us to Worship/A Love Filled Victory/Bible Quiz4			
April is Autism Awareness Month			
Diet Sodas May Sabotage Weight Loss/The Bible & Book Corner			
Invitation to Sunday School7			

ANNOUNCEMENTS

Church Office Hours Monday- Friday 9 am Until...





PRAYER SERVICE is held every Wednesday at 12:00 noon in the Chapel.

Millennial Sunday School for Teens & Young Adults 9:30-10:30 In Person—Meet in the MBC Parlor

JOIN THE NEWSLETTER

STAFF

We are seeking members to submit articles, participate in editing or provide layout assistance on our church newsletter, "Good News." Working knowledge of desktop publishing and Office 365 is desired.

This is an excellent way to contribute to the church a couple of hours each month. Prior to the pandemic, the Newsletter Staff met the 3rd Saturday of each month in the Media Center.

Articles are due by the Thursday prior to the 3rd Saturday. If you are interested in this fun and informative volunteer opportunity or have questions, please send an e-mail to mbcnewsletter@sbcglobal.net.

Macedonia:

An important Business meeting is scheduled for Friday, April 10, 2022, to modify our church By-Laws. Please plan to attend.

Please Remain Prayerful as we prepare to cast our vote for a Pastoral Candidate. We thank you for your patience and understanding as we work through this tedious process.

Attention!

If you have children or grandchildren in grades K-8 that would be interested in receiving a scholarship to attend the Detroit Zoo Safari Camp for a week, please let us know.

This camp provides an educational experience that includes a variety of incredible activities during the summer.

Please contact Sis. Dorothy Stephens if you are interested or have questions.

SERMONS

CDs and DVDs are available through the Audio Ministry. Visit **www.mbcdet.com/media** or via the **MBCDET app** to listen to archived sermons.

March 6, 2022, 11:00 a.m.

"When Over There Looks Better Than
Over Here"

2 Corinthians 5:1-4

March 13, 2022, 11:00 a.m."Wait On The Lord"

Rev. Eric Shumate

Isaiah 40:25-31 Rev. James O'Rear

March 20, 2022, 11:00 a.m.
 "Christ's Promise and Declaration"
 John 14:1-6
 Rev. Clifford Register

March 27, 2022, 11:00 a.m.

"Outside the Ark of Safety"

Luke 17:26-29

Rev. Brady Bennett

A Dose of Humor

On the Sunday after Easter, some churches incorporate joy into worship through "holy humor." During his four decades in ministry, Thom Rainer has collected these funny gems heard by real-life pastors:

- "Is it okay to lie if I ask for forgiveness in advance?"
- (during the offertory) "Pastor, do you have change for a twenty?"
- (during an ordination council) "What's your view on Christian missions in space?"
- "My husband's ashes are in two different places. Will Jesus be able to find him?"
- "Pastor, will you pray for my son? He's wild and out of control." (Pastor: "Sure, what's his name?") "Maverick."

Life and Light

Easter is the assurance that no matter how hopeless and dark things appear, God is alive and actively working. Our heavenly Father births life out of death, transforms brokenness into wholeness and shines light into darkness.

In the words of the poet Christian Wiman (from *Every Riven Thing*):

When the time's toxins have seeped into every cell ...somehow a seed of belief sprouts ...tugged upward by light ...



Why Christ Calls Us to Worship

Easter services are usually well attended, but what about other weeks? What draws you to worship on an "average" Sunday, and what might Jesus have in store for people in the pews?

Consider this from Pastor Charles Aaron: "Did we come to church this morning thinking it was a safe thing to do? Did we come with some expectation of receiving a blessing, a bit of comfort, but no real challenge? Did we think about the possibility that encountering Jesus would rearrange our lives, explode our priorities, cause us to give more than we ever expected? Did we think we could get a little something from Jesus, a dose of grace to help us through the week? Did we come for the fellowship, the music, the spiritual boost? No one can argue with those reasons."

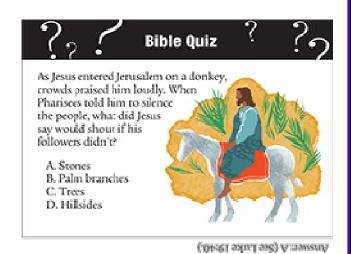
He continues: "The risen Christ, however, may have had other plans for this worship service. Christ may want to come under our skins and transform us. Christ may see through us so that something we have well hidden comes to the surface. Christ may kick out from under us the things we use to prop ourselves up but that we don't really need. Are we ready for that? Did we bargain on that when we walked through the door today?"

A LOVE-Filled VICTORY

It's tough to read about Jesus' agony on the cross, where he felt "forsaken" by God (see Matthew 27:46). But as Philip Yancey explains in "Where Is God When It Hurts?" the Father didn't desert Jesus — and doesn't desert us:

"God was not 'up there' watching the tragic events conspire 'down here.' God was in Christ, reconciling the world to himself," he writes. "If Jesus was a mere man, his death would prove God's cruelty; the fact that he was God's Son proves instead that God fully identifies with suffering humanity. On the cross, God himself absorbed the awful pain of this world.

"To some, the image of a pale body glimmering on a dark night whispers of defeat," Yancey continues. "But another sound can be heard: the shout of a God crying out to human beings, 'I LOVE YOU.' Love was compressed for all history in that lonely figure on the cross, who said that he could call down angels at any moment on a rescue mission, but chose not to — because of us."



APRIL IS AUTISM AWARENESS MONTH

Submitted by Erica White

AUTISM AWARENESS MONTH started as National Autism Children's week in 1972. It became a month-long celebration that is internationally recognized and celebrated.

PREVALENCE AND KEY FACTS ABOUT AUTISM

- 1. In 2020, the Center for Disease Control reported that approximately 1 in 54 children in the U.S. is diagnosed with autism spectrum disorder (ASD)
- 2. Boys are four times more likely to be diagnosed with ASD than girls, though some experts believe this is due to girls having different symptoms.
- 3. An estimated one-third of people with ASD are nonverbal.
- 4. ASD affects all ethnic and socioeconomic groups.
- 5. Minority groups tend to be diagnosed later and less often.
- 6. Early diagnosis and support afford the best opportunity to encourage healthy development for people with ASD.
- 7. ASD is diagnosed through observations and developmental milestones.

SYMPTONS AND TREATMENTS

Common Symptoms

<u>Atypical social communication and interaction.</u> Examples could include perceived lack of empathy, avoids eye contact, does not respond to their name, does not speak or has delayed speech, has difficulty recognizing nonverbal cues.

<u>Patterns of repeated behavior</u>. Examples could be: performs repetitive movements such as rocking, spinning, or hand flapping, performs movements that could cause self-harm such as head banging or biting, fixates on an object or activity with abnormal intensity or focus.

TREATMENT OPTIONS

Early diagnosis and intervention are most helpful and can improve behavior, build skills and encourage language development. However, intervention is helpful at any age. Though children usually don't outgrow autism symptoms, they may learn to function well. Some of the most effective forms of treatments include Applied Behavior Analysis (ABA), Early Intensive Behavior Intervention (EIBI), Pivotal Response Training and Discrete Trial Teaching.

HOW TO BE AN ADVOCATE

To be an advocate for people with ASD, the most important thing to remember is that each individual is still just that—an individual neurotypical or neurodiverse; we all have our own strengths, weaknesses, unique thoughts and feelings. Continuous learning and growth are how we can become better advocates and supporters.

Volunteering and donations are also great ways to expand our knowledge and also lend support to the ASD community. The Judson Center is a nonprofit organization with offices in Washtenaw, Oakland, Wayne, Genesee, and Macomb counties that focus on supporting individuals with ASD and their families.

Diet Soda's May Sabotage Weight Loss

Submitted by Wendell Smitherman

iet drinks containing the artificial sweetener sucralose do not help with weight loss, and may actually increase appetite and food cravings in people who are obese, according to a study published in JAMA Network Open.

When compared with people who consumed a drink containing real sugar, those who had a drink sweetened with the no-calorie sucralose, (Splenda) showed increased activity in the region of the brain responsible for food cravings and appetite. Those who consumed sucralose also had fewer safety hormones that tell the body, I feel full." For obese people trying to lose weight, diet drinks may be counterproductive. "Drinking artificially sweetened drinks may trick the brain into feeling hungry, which may in turn result in more calories being consumed. "Said Kathleen Page, M.D. of the Keck School of Medicine of USC Los Angeles.

MACEDONIA BIBLE & BOOK CORNER

Submitted by Sonja Gray



Dr. Eric Mason challenges the church in America: *Get up, sleeper, and rise up from the dead*. It's time to take a hard look at our history and stand together against the indignities and injustice in our world – to understand that justice is both theological and sociological – that there is no intimacy with God without justice in one's heart.

No more waiting. No more sleeping. Christ our King is coming back, and He'll be looking for a *Woke Church*. Dr. Eric Mason challenges the church in America: Get up, sleeper, and rise up from the dead. It's time to take a hard look at our history and stand together against the indignities and injustice in our world – to understand that justice is both theological and sociological – that there is no intimacy with God without justice in one's heart.

No more waiting. No more sleeping. Christ our King is coming back, and He'll be looking for a woke church.

You can order this book from www.christianbooks.com



Invitation to: Macedonía Baptíst Church Sunday School

Superintendent of Sunday School: Rev. Brady Bennett

Asst. Superintendent of Sunday School: Rev. Eric Shumate

The Sunday School classes will be conducting lessons via Zoom for the time being. Additionally, we have identified Sunday School teachers that will provide technical support to access the Zoom classes.

Macedonia Baptist Church Zoom Technical Support Contacts:						
Rev. James O' Rear	Adults & Men's Class	Phone: 734-308-0056 Email: <u>jialo@hotmail.com</u>				
Sister Terry Mann	Adult Women's	Phone: 313-801-4765 Email: temaka79@hotmail.com				
Brother Michael Moore	Teens & Young Adults	Phone: 313-312-4044				
Sister Mary Ann Windham	Juniors, Beginners & Primaries	Phone: 313-418-8830 Email: maryann.windham@yahoo.com				

We invite you, your family, friends and neighbors to join our Sunday School Classes; you will be blessed! All classes are being held onsite and virtually with the exception of the Beginners and Primaries. They are online only.

CLASSES	ZOOM ID'S	PASSWORDS	CLASS TIMES
Adult Men and Women	927 219 5591	4Y06SC	9:30-10:30 AM (ET)
Adult Women	801 855 9447	646902	9:30-10:30 AM (ET)
Millennial Sunday School for Teens and Young Adults	314 202 2102	503816	9:30-10:30 AM (ET)
Juniors (10-12 yrs.)	775 4028 7203	7DJiT2	10:00-10:40 AM (ET)
Primaries (7-9 yrs.)	830 6987 0617	primary	10:00-10:55 AM (ET)
Beginners (4-6 yrs.)	246 295 5225	5TykPq	10:00-10:40 AM (ET)

The list of lessons for April 2022 includes the following:

DATE	LESSON	SCRIPTURE
April 3	Concern for a Weaker Brother	I Corinthians 8:1-13
April 10	Thoughts on the Lord's Supper	I Corinthians 11:20-34
April 17	Witnesses to Christ's Resurrection	l Corinthians 15:1-11
April 24	God's Comfort in Trouble	Il Corinthians 1::1-11



Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9



