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A monthly publication for Members of Macedonia Baptist Church

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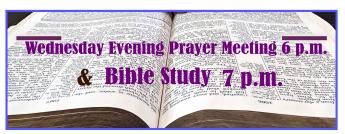
For as the earth
bringeth forth
her bud,
and as the garden
causeth the things
that are sown in
it to spring
forth;

so the Lord GOD
will cause
righteousness and
praise to
spring forth
before all the
nations.

Isaiah 61:11

ANNOUNCEMENTS





CHURCH OFFICE HOURS: 9 A.M. — 3 P.M.



The Women's Ministry is sponsoring multiple Workshops for all teens and young adult females ages 12 to 35+. They will be held on Saturday, April 13, 2024, from 9:30 a.m. to 12:30 p.m. in the Fellowship Hall, with guest speakers. Theme: "Things young females should know...Let's talk about them!" Feel free to invite family and friends. Flyers and a Sign-up sheet are located across from the Courtesy Desk.

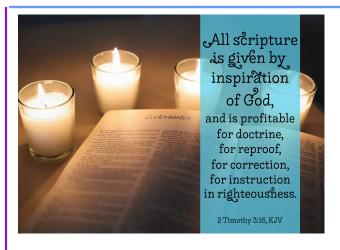
The Widows/Widower's Ministry will be having their next event on Saturday, April 27, at 11:00 a.m. in the Fellowship Hall. There will be a time of sharing, refreshments, and "Petal Therapy" which involves creating a floral arrangement. Spaces are limited, so please sign-up if you are interested in attending.

WORSHIP ON WEDNESDAY'S HAS RE-SUMED. PLEASE COME OUT AND WOR-SHIP WITH US ON THE 4th WEDNESDAY OF EACH MONTH, FROM 7-8:30 P.M. LIGHT REFRESHMENTS WILL BE SERVED.

Please Note: The Metropolitan District Women's Auxiliary holds Council Meetings on the second Thursday of each month. The meetings rotate to different churches monthly. Please see Sis. Madlyne Dansby for a 2024 schedule and let's support our Women's Auxiliary.

Winter Classes for MEDCCE are held on the second Saturday through April 2024, from 8:30-11:00 a.m. (ET). A COPP Class and a Workshop are offered along with a Workshop for TEENS and one for Children. All classes are held by Virtual Zoom. Contact the Metropolitan District Website for registration.

Sis. Patricia Suber, President.



Weekly Sermons

- March 3, 2024,11:00 a.m.

 "Endless Love"

 John 13:1-3

 Pastor Terry Minor
- March 10, 11:00 a.m."A Service That Validates Our Love"John 13:32-35Pastor Terry Minor
- March 17, 2024, 11 a.m."The Agony of The Savior"Mark 14:32-38Pastor Terry Minor
- March 24, 2024,11:00 a.m.

 "It's Not In The Crowd

 John 12:12-19

 Pastor Terry Minor
- March 31, 2024,11:00 a.m.
 "The Gospel, The Resurrection, and The Victory"
 1 Corinthians 15:12-23
 Pastor Terry Minor

Carotene-Rich Diet Lowers Cardio Risks

Submitted by Wendell Smitherman

A study published in the journal of Clinical Nutrition found that a carotene-rich diet is linked to a lower risk of cardiovascular diseases. Carotenes are compounds found in yellow, orange and green fruits and vegetables such as carrots, tomatoes, sweet potatoes, cantaloupes and spinach. The research concluded that a high level of carotenes in the blood associated with a lower degree of atherosclerosis, the buildup of fat in the inner walls of blood vessels that can lead to heart attacks and strokes.

Source: Health Radar March 2024

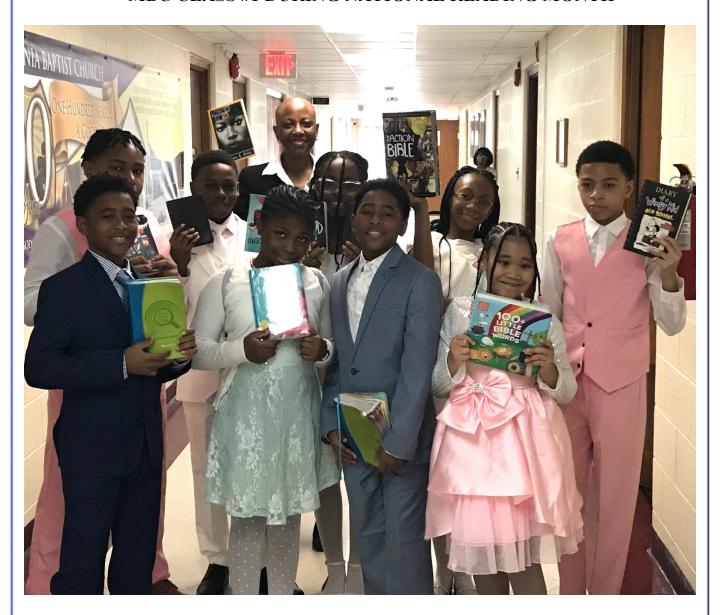
A Prayer For Roots

O God, we thirst for you, as dry tree roots thirst for water in hot, dusty soil. Help us send spiritual roots down deep into the grace and knowledge of the One who is the same yesterday and today and forever, our Lord and Savior Jesus Christ, who gives us stability when the earth shakes and the storms of life swirl about us.

Rooted and grounded in your love, and strengthened and comforted by your grace and your Spirit who gives us hope, may we be steadfast and immovable in the work Christ gives us to do, until he comes again.

Source: Newsletternewsletter.com

MBC CLASS #1 DURING NATIONAL READING MONTH



Left to Right:

Front Row: Donovan Gholson, Lauren Moore, Isaac Gholson, Madysen Maxwell

Back Row: Christian Maxwell, Kenneth Cooksey, Kennieyah Cooksey, London Moore, Corey Maxwell

Rear: Teacher ~ Mary Ann Windham

During March, the designated National Month of Reading, extra emphasis is placed on reading as fun and beneficial, especially to children. It stimulates the imagination, improves vocabulary, and expands the mind. Sister Windham is a great motivator for her Junior class as seen by the variety of bibles and books displayed above.

(Comments by Maxine Gardner)

MICHIGAN RETIREES STUMPED BY NEW TAX CUT

Submitted by Gwendolynne Howell

Many taxpayers are looking forward to saving good money on their state income taxes, thanks to a repeal of the so-called "retirement tax" beginning in 2023. Pensions are not subject to state income tax in 2023, but a retiree couldn't get his tax software to see things that way when he tried to do his taxes in mid-February. The retiree reached out to H&R Block and pointed out the glitch. Michigan retirees are looking at the first year of a four-year rollback of taxes on pensions, but some early filers are running into tax software that isn't helping them just yet.

H&R Block has updated its software to reflect changes in pension rules, according to an email from an H&R Block spokesperson. Retired tax filers need to reach out to their software providers if they run into problems. Sometimes, it's a matter of figuring out what box to check.

Turbo Tax said it has updated its software to reflect the latest tax law relating to pensions in Michigan. "Customers have been able to prepare and file their return using these new rules since the tax year 2023 Michigan product was released at the beginning of January," according to TurboTax expert, Lisa Greene-Lewis.

For those born in 1945 or before, or those now 78 and older, there is no change. For this group, the full amount of the allowable deduction can still be deducted as it has been in the past. If you make a mistake and miss the tax break, it's recommended that you file an amended return.

Younger retirees fall into a different category and could benefit from some new tax breaks for them on the 2023 return.

For the 2026 tax year and after, all retirees will be able to deduct their retirement or pension benefits up to 100% of a set amount that typically would have only applied to those born in 1945 and earlier. The maximum set amount changes each year.

Source: Susan Tompor, Detroit Free Press, 2/25/24.

WHEN IT RAINS

The skeleton flower, a perennial native to Japan, has delicate petals that change from opaque white to almost transparent when wet. After it rains, only the flower's intricate, skeleton-like veins are visible.

When the rains come (and they will!) in our lives, the same can be said. Amid difficulty and struggle, our true selves often become more transparent. During a parenting challenge, criticism might emerge. Or while we tackle a tough work project, impatience might rear its ugly head.

Hosea 6:3 (NLT) proclaims: "Oh, that we might know the Lord! Let us press on to know him. He will respond to us as surely as the arrival of dawn or the coming of rains in early spring." The rains will come. Whether you're experiencing light rain or a downpour, ponder what the water reveals. Then ask God how you can be more open to his work in that area.

—Janna Firestone

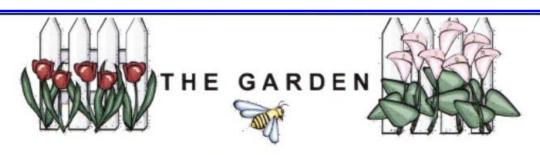


What does the newly risen Jesus tell his disciples — twice — when he appears in the locked room where they are hiding?

- A. "Love one another as I have loved you."
- B. "Peace be with you."
- C. "The last shall be first and the first shall be last."
- D. "I am risen!"



Answer: B (See John 20:19, 21.)



Come to the garden alone, while the dew is still on the roses...

FOR THE GARDEN OF YOUR DAILY LIVING:

PLANT THREE ROWS OF PEAS:



- Peace of mind
- Peace of heart
- Peace of soul



PLANT FOUR ROWS OF SQUASH:

- Squash gossip
- Squash indifference 2 3.
 - Squash grumbling
 - Squash selfishness

PLANT FOUR ROWS OF LETTUCE:

- Lettuce be faithful
- 2. Lettuce be kind
- 3. Lettuce be patient
- Lettuce really love one another







NO GARDEN IS WITHOUT TURNIPS:

- 1. Turnip for meetings
- 2. Turnip for service
- Turnip to help one another

TO CONCLUDE OUR GARDEN WE MUST HAVE THYME:

- Thyme for each other
- 2. Thyme for family
- Thyme for friends



WATER FREELY WITH PATIENCE AND CULTIVATE WITH LOVE. THERE IS MUCH FRUIT IN YOUR GARDEN BECAUSE YOU REAP WHAT YOU SOW.

Submitted by Vesta Quiney

April 2024 6



Invitation to: Macedonía Baptíst Church Sunday School

Superintendent of Sunday School: Rev. Brady Bennett Assistant Superintendent: Bro. Henry Chestnut

Director of Christian Education: Rev. Ronald Davis

Macedonia Baptist Church Zoom Technical Support Contacts:				
Rev. James O' Rear	Adult Women & Men's Class	Phone: 734-308-0056 Email: <u>jialo@hotmail.com</u>		
Sister Renée Thomas	Adult Women's	Email: macedoniawomenssunday- school@gmail.com		
Brother Michael Moore	n/a	n/a		
Sister Mary Ann Windham	n/a	n/a		

ZOOM CLASSES	ZOOM ID'S	PASSWORDS	CLASS TIMES
Adult Men and Women	927 219 5591	4Y06SC	9:30-10:30 AM (ET)
Adult Women	826 4961 3167	421916	9:30-10:30 AM (ET)
Sunday School Classes	Location	Age	Class Times
Adult Men and Women	Fellowship Hall	n/a	9:30-10:30 AM (ET)
Adult Women	Chapel	n/a	9:30-10:30 AM (ET)
Teens and Young Adults	Parlor	13+	9:30-10:30 AM (ET)
Juniors	Classroom #1	10-12 yrs	9:30-10:30 AM (ET)
Primaries	Classroom #3	7-9 yrs	9:30-10:30 AM (ET)
Beginners	Classroom #4	4-6 yrs	9:30-10:30 AM (ET)

The list of classes for April are as follows:

DATE	LESSON	SCRIPTURE
April 7	Jesus' First Miracle	John 2:1-12
April 14	Jesus' Authority over Demons	Mark 9:14-29
April 21	Healing on the Sabbath	Luke 6:1-11
April 28	Jesus' Mighty Power	Matthew 14:22-36



Macedonia Baptist Church

14221 Southfield Road, Detroit, Michigan 48223

"Come over into Macedonia and help us." ACTS 16:9



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